

Fig. (D)

A Leaders' Variation

- 1 & 2 deep knee bend with both feet together (ct 1)
raise with R ft to side and slap R heel with hand (ct 2)
Stepping onto R ft in place-Kick L leg up in front (straight leg) and simultaneously clap hands (ct 3)
L leg comes down and R leg is kicked high up in front, slapping inside of instep with R hand, (ct 4).
- 3 & 4 Repeat meas 1 & 2.



7. POGONISSIOS

formation: An open circle, hands held at shoulder height. Danced with or without partners in line. The dance can be continued in the line or done in couples when the music livens. Rhythm is like a syrto-counted S QQ.

Measure: Fig. (A) Vocal

- 1 Moving in LOD step L ft across in front of R (S),
Step R ft to side (Q)
Step to R with L (Q)
- 2 Big step to R with R ft (S)
step with L ft crossing behind R ft bending both knees slightly (Q)
step R ft to R (Q).
- 3-6 REPEAT MEAS. 1 & 2
THREE TIMES IN LOD: ON 6th MEAS. end by closing L ft to R (Q)
- 7-12 REPEAT MEAS 1 TO 6 WITH
OPPOSITE FOOTWORK AND
MOVING IN RLOD

Fig. (B) Instrumental - tempo quickens

- 1 hop and step fwd on R ft to ctr (S), cross L ft in front of R, raising R ft slightly (Q), step R ft in place (Q)

- 2 hop and step bwd on L ft, cross R ft in back of L raising L ft (Q), step L ft in place (Q)-- -- (this can also be done turning CW)
- 3 hop and step to R with R ft (S), cross L ft front of R (Q), step R ft in place (Q)
- 4 hop and step L ft to L, cross R ft front, step L ft in place (SQQ)

REPEAT MEASURES 1-4 of (B)

Variations:

- a) Men on very first step of first meas. bend both knees as L leg is crossed, knee of trailing leg almost touching grnd.
- b) Men on 2nd meas. - when L ft crosses behind R immediately do a high kick with R leg to R followed by higher kick with L leg swinging across R, dropping into deep knee bend.

LYRICS:

VASILIKOS THA YINO STO PARATHYRI SOU

* MORE " " "

KI'ANYPANTROS THA MINO YIA TO HATYRI SOU --- MORE

EVGA STO PARATHYRI KRIF' AP TIN MANNA SOU --- MORE

KE KANE POS POTIZIS TIN MANTZOURANA SOU --- MORE

TESSERA PORTOKALIA TA THYO SAPISSANE MORE

IRTHA YIA NA SE PARO KE THEN M'AFISSANE MORE

* (Note) Repeat underlined after each MORE

I will become sweet basil by your window
and I will remain unmarried for your favor
Come to the window secretly from your mother
and pretend to be watering your flowers
Four oranges I had, the two are spoiled
I came to take you away, but they wouldn't let me.

8. PILALITOS

Formation: Men and women holding hands in a basket weave, Right over left and the slow part of the dance is done to the left.

Measure: Fig. (A)

- 1 step L ft to L; step R ft across in front of L
- 2 step L ft to L; cross R ft front of L and step
- 3 step L ft to L; swing R ft front of L and raise slightly

- 4 step R ft to R; swing L ft front of R and raise slightly

(REPEAT 4 TIMES)

Fig. (B) Vocal

- 1 same as Fig. (A)
- 2 same as Fig. (A)
- 3 as R ft is crossed in front of L jump forward with both feet and hold for one count
- 4 step bwd L ft, step bwd R ft bringing feet together

(REPEAT TWICE)

Fig. (C) Fast Part

- 1 In LOD traveling to R
Step R ft to R and hop on R ft as you raise L ft up
- 2 step L ft to R crossing in front of R, hop and raise R ft up
- 3 step R ft to R and hop on R ft as you raise L ft up
- 4 (Repeat Measure 2)

REPEAT MEASURES 1-4

Fig. (D) Fast Part

- 1 step R, hop raise L ft up
- travel
- 2 in place, cross L ft in front of R, step, hop, swing R leg around &
- 3 in place cross R ft in front of L, step, hop, swing L leg around &
- 4 in place crosscut L ft in front of R, hop, swing R leg around &

REPEAT MEASURES 1-4

Fig. (E)

- 1 Step R ft to R travel and hop on r ft
- 2 cross L ft in front of R, step and travel in LOD, hop on L ft
- 3 swing R leg around cross in front of L in RLOD, step on R in a syncopated step (Q)
- 4 take a (Q) side step to L with L ft, then a (Q) crosstep with the R ft to L; then a large jump to L with both feet.

REPEAT MEASURES 1-4



SIDE TWO

1. PERA STON PERA KAMBO

Formation: Women holding hands in basket weave, R over L. The dance is accompanied with a song, and the group is never more than eight women.

Measure:

- 1 Step L ft fwd, bringing R ft in back of L (ct 1 &)
Step bwd with R ft; (ct 2) bring L ft to R (ct &)
- 2 Step R ft to R; (ct 1), hesitate with feet apart (ct &) (a chasse step) bring L ft to R taking weight (ct 2) step to R on R ft leaving feet apart and hesitation (ct &)

LYRICS:

- 1 PERA STOUS PERA KAMBOUS (3)
OPOU INE I ELIES
IN'A MONASTIRAKI (3)
POU PAN I KOPELLIES
TRI-A, LA, LA, LA - LA, LA,
LA, LA, LA, LA (2)
- 2 PAO K' EG'O KAIMENOS (3)
YIA NA LITOURYITHO
NA KANO TON STAVRO MOU (3)
SAN KATHE HRISTIANOS
TRI-A, LA, LA, LA - LA, LA,
LA, LA, LA, LA.
- 3 STIN EKLISSIA POU-MBENO (3)
THORO MIA KOPELLIA
NA KANI TON STAVRO TIS (3)
NA LAMBI I EKLISSIA
TRI-A, LA, LA, LA - LA, LA,
LA, LA, LA, LA

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1. there on the far away fields
by the olive groves
there is a monastery
where the young maidens go
 2. And I humbly go there
and say my prayers
and cross myself
like every good Christian
 3. In the chapel that I enter
I see a village maiden
Making her cross and praying
And the chapel full of brilliance.