

PILER LANN
(Bretagne)

Origin: Trade dance recalling the energetic actions of men crushing with their shoes a plant called "ajonc" in order to get rid of the thorns. This dance was found in the district of Leon. We reproduce here 2 versions of the dance: the trade dance and the "social" version.
Learned from Madame Lise De Bona, November 1967.

Music: Record Vogue E.P.L 7,711 Side B, Band 2 "Son or hafe", 4/4 meter.

Formation: Open circle of M holding hands, R heel fwd.
W face their ptr, hands on hips, L heel in front of M's ft.

Introduction - 6 meas.

Trade Version (M part)

- Meas. 1 Cross R ft. in front of L ft. (ct. 1). Step on L ft close to R ft (ct. 2). cross R ft in front of L ft. (ct. 3).
- Meas. 2 Jump on both ft. (ct. 1). Hop on L ft. lifting R leg as high as possible diag. upward (ct. 2). Leap onto R ft. bending L leg in front of R knee (ct. 3).
- Meas. 3 Leap on L ft. sdwd to L (ct. 1). Place R heel diag fwd, raising joined hands high (ct. 2). Hold (ct. 3).

Trade Version (W part);

- Meas. 1 Dance 3 running steps (L,R,L) making 1/2 turn CW to face ctr. of circle (cts 1,2,3).
- Meas. 2 Place R heel diag. fwd. (ct. 1). Dance 2 running steps (R,L) turning CCW (cts. 2,3).
- Meas. 3 Complete the 1/2 turn CCW to face ptr. with 1 more running step R (ct. 1). Place L heel diag. fwd. (ct. 2). Hold (ct. 3).
Circle moves so that W stays opposite partner

Social Version:

Partners assume Varsovienne pos: W on M's R. all facing CW (M outside)

- Meas. 1 Starting with inside ft. (R for M, L for W) dance 3 running steps fwd RLOD (cts. 1,2,3).
- Meas. 2 Leap onto outside Ft, turning twd ptr. (ct. 1). Step on inside ft (ct. 2). Close outside Ft. (ct. 3).
- Meas. 3 Place inside heel diag. fwd. (ct. 1). Point inside toe near supporting ft. (ct. 2). Hold (ct. 3).

NOTE: With this record we suggest starting with the trade version for 10 to 12 times. Then, on the leader's signal, do the social version. As the music slows down, all walk CW in Varsovienne position (32 cts.) Then do one more time the social version.

Presented by Louise and Germain Hebert