

Pinjare Ke Panchhi

(Tunisia)

Note: This dance description is meant as a refresher/reminder for those who have learned the dance. Reconstruction of the dance solely from these notes is not intended and may be hazardous to your mental health.

Learned by Mary Garvin from the dancer Hadassah in New York City circa 1980.

Record: Odeon LP MOCE 4054

Formation: Individuals scattered about the room traveling, most of the time, in "line-of-direction" (LOD).

Meas.

Pattern

Introduction: Singer sings song title, followed by 16 cts instrumental music.

Part I

Step fwd on R (ct 1-2), step fwd on L (ct 3-4). Arms move in natural, relaxed opposition with slight wrist lead: L arm moves to fwd low while R arm moves to back low (ct 1-2), repeat ct 1-2 with opposite arm movement (ct 3-4).

Repeat meas. 1 three (3) more times.

Turning to face center of room, touch R beside L with knees bent (ct 1); step R on R (ct 2), knees still bent; step behind R foot on ball of L (ct 3); step R on R and pivot 1/2 turn CW, finishing facing away from center of room (ct 4). Hands are in front of breast bone, palms together, fingers pointing up, elbows away from body, forearms parallel to floor.

Repeat meas. 5 with opposite footwork and turn.

Repeat meas. 5-6.

Repeat meas. 1-8.

Part II

Moving towards center of room: Touch ball of R in front with R foot very slightly turned in (ct 1-2), step fwd onto R with R foot turned out, knee bending (ct 3-4). R hand reaches up in a motion similar to screwing in a light bulb — hand closes with little finger leading the others in order (ct 1-2); hand is lowered with palm facing fwd, hand uncurling — fingertips last (ct 3-4). Eyes/focus follow R hand.

Repeat meas. 1, part II with opposite footwork, handwork and focus.

Repeat meas. 1-2, part II.

Pinjare Ke Panchhi (continued)

Meas.

Pattern

5

Backing from center with arms down: step back on R to face slightly R (ct 1-2), step back on L to face slightly L (ct 3-4).

6

Step back on R to face slightly R (ct 1), step L in place without changing facing (ct 2), step R in place (ct 3), hold (ct 4).

7-8

Repeat meas. 5-6, part II with opposite footwork.

9-16

Repeat meas. 1-8, part II.

1-16

Repeat part I.

Part III

1-4

Moving in LOD, repeat meas. 1-4, part II except on ct 3-4 of meas. 4: close L to R foot, bending knees, hands in "pinched finger" position in front of sternum, elbows out from body, arms parallel to floor. ["Pinched finger" position: first finger and thumb "pinching" together, other fingers spread apart, all fingers straight, palms down.]

5

With body bending to R at waist, R arm R side low, L arm L side high, knees bent, feet apart: shift weight, stepping onto R slightly to R, arms extending, hands in lotus position, and eyes focus on R hand (ct 1); shift weight, stepping onto L (ct 2); repeat footwork of ct 1 with arms extending and hands rotating into "pinched finger" position, eyes/focus on L hand (ct 3); repeat ct 2 (ct 4). [Lotus hand position: palms facing up, first finger pointing somewhat downward, fingers and thumb straight and spreading as far apart as possible.]

6

Repeat meas. 5, part III.

7

Turning in place CCW: step on R, crossing in front of L (ct 1); step L in place (ct 2); repeat ct 1-2 (ct 3-4). During this measure: R hand is high, upper body is leaning away from R hand; R hand "curls" inward with little finger leading movement and uncurls outward, again with little finger leading, eyes/focus on R hand.

8

Repeat meas. 7, part III.

9-16

Repeat meas. 1-8, part III with opposite footwork, handwork and turn.

Continue repeating part III until end of music.