

Planinka (Serbia)

Planinka, meaning "milkmaid," comes from the area around the Studenica monastery.

Pronunciation:

Cassette: "Serbian Folk Dances" SS-3 Side B/6 1988.

2/4 meter

Formation: Hands joined low, mixed lines.

Meas

Pattern

No introduction.

PART I.

This is done at the beginning of the dance as the line is forming and at the leader's discretion as a rest step during the dance. Facing ctr, danced symmetrically R and L.. When leader does, all dancers twist body slightly side to side with flexed knees and slight jiggle.

- 1 Step on R to R (ct 1); close L to R taking wt (ct 2).
- 2 Step on R to R (ct 1); close L to R without wt (ct 2).
- 3 Step on L to L (ct 1); close R to L without wt (ct 2).
- 4 Step on R to R (ct 1); close L to R without wt (ct 2).
- 5-8 Repeat meas 1-4 with opp ftwk and direction.

PART II. Moves into ctr and back out.

- 1 Hop on L (ct 1); step on R (ct &); close L to R (ct 2).
- 2 Small leap onto both with R slightly fwd (ct 1); hop on R (ct 2).
- 3 Hop on R (ct 1); step fwd on L in front of R (ct &); step back in place on R (ct 2).
- 4 Hop on R (ct 1); swing L around, crossing and stepping behind R (reel step)(ct 2).
- 5 Step on R behind (ct 1); step on L behind (ct 2).
- 6 Hop on L (ct 1); step on R heel beside L (ct &); step in place (ct 2).
- 7 Step on R toe beside L taking wt slightly while hopping on L (ct 1); step on R heel beside L taking wt slightly while hopping on L (ct 2).
- 8 Repeat meas 7.

Presented by Slobodan Slović