

PLETENICA  
(Macedonia)

This is a line dance from eastern Macedonia, the village of Sveti Nikole, Ovčepole region. This dance is from a family of dances called Potrculki, and this particular dance has been named Pletenica because some of the steps resemble braiding. The dance has been seen very often at monastery celebrations (slavas), festivals, and weddings.

Pronunciation: pleh-TEN-nee-tsa

Record: AK-006, Side A/4. 2/4 meter.

Formation: Mixed lines, hands joined in "V" pos, or in belt hold, L over R.

Meas

Pattern

FIGURE I.

- 1 Facing slightly to R of ctr and moving in LOD, take three light running steps, R,L,R (cts 1,&,2).
  - 2 Repeat action of meas 1 with opp ftwk.
  - 3 Step on R (ct 1); hop on R, swinging L ft fwd (ct 2).
  - 4 Repeat action of meas 3 with opp ftwk.
  - 5-8 Repeat action of meas 1-4.
  - 9 Facing ctr, step on R to R (ct 1); step L behind R (ct &); step on R in place (ct 2).
  - 10 Step fwd on L (ct 1); hop on L (ct 2).
  - 11 Step bkwd R,L,R (cts 1,&,2).
  - 12 Step-hop on L (cts 1,2).
  - 13-16 Repeat action of meas 9-12.
- Repeat action of Figure I until leader signals change.

FIGURE II.

- 1 Facing slightly to R of ctr and moving in LOD, hop on L (ct 1); step R,L (cts &,2).
  - 2 Raise and lower heel of L before the ct (čukče); bending both knees slightly, step on R with wt fwd (ct 1); hop on R (ct 2).
  - 3 Face ctr with L shldr leading, move on a L diag twd ctr, step on ball of L (ct 1); step on R in front of L (ct &); repeat action for cts 2,&.
  - 4 Repeat action of cts 1,& of meas 3; step on L to L, bending knee slightly (ct 2).
  - 5 Facing ctr and moving slightly bkwd in LOD, step back on R, leaving ball of L ft in place, but twisting L heel to R (ct 1); repeat with opp ftwk (ct 2).
  - 6 Repeat action of meas 5.
  - 7 Step on R to R (ct 1); hop on R (ct 2).
  - 8 Gradually turning to face slightly R of ctr, step fwd on L (ct 1); step on R in place (ct &); step L in place (ct 2).
- Repeat Fig. II until end of dance.

Presented by Atanas Kolarovski