

PLEVENSKO PAJDUŠKO
(Bulgaria)

This Pajduško is from the town of Pleven, Severnjasko or Northern Bulgaria. The exact meaning of the work Pajduško is not known. It is probably derived from the Greek or Turkish word Bajdos, meaning unequal or uneven. This refers to the uneven 5/8 rhythm and the "limping" character of its basic Pajduška-step.

Because of its four measure dance phrase it is also called a Pajduška Cetvorka. Other variations are done in Macedonia (Pajduška), Greece (Baidouska) and Romania (Paiduşca and Rustemul).

Pronunciation: PLEH-ven-skoh PIGH-doosh-koh

Music: LP/Cassette "Folk Dances from Bulgaria" vol. 4
JL 1988.02 Side B/7 5/8 meter

Meter: 5/8  or 
Q S counted 1 2.

Style: Severnjaski: Light and jumpy. Small and relaxed steps.

Formation: Open circle or lines. Hands down at sides in "V" pos.

Meas

Pattern

16 meas

INTRODUCTION.

The first dancer usually indicates how many times each pattern is repeated.

Part 1

- | | | | |
|---|--|---|----------------------|
| 1 | Facing ctr, moving sdwd L, step on R ft in front of L ft (ct 1); step on L ft, slightly bending L knee (ct 2). | } | Pajduška R |
| 2 | Repeat meas 1. | | |
| 3 | Facing and moving in LOD, hands up in "W" pos, hop on L ft, lifting R knee in front (ct 1); step on R ft (ct 2). | | |
| 4 | Hop on R ft, lifting L knee in front (ct 1); step on L ft (ct 2). | | |
| 5 | Turning to face ctr, dancing in place, Pajduska R, swinging both arms down (ct 1); and back to "W" pos (ct 2). | | |
| 6 | Facing ctr, moving slightly bkwd, hop on L ft, swinging R ft in an arc sdwd-behind (ct 1); step on R ft behind L ft (ct 2). | } | Pletī
(Reel-step) |
| 7 | Repeat meas 6 with opp ftwk. | | |
| 8 | Step on R ft in place, extending L ft fwd along the floor (ct 1); step on L ft in place extending R ft fwd along the floor (ct 2). | } | Nošica
(Scissors) |

PLEVENSKO PAJDUŠKO (cont'd)

- Part 2
- | | | |
|---|---|----------------------|
| 1 | Facing ctr and dancing in place, Pajduska R. | |
| 2 | Step on R ft sdwd in front (ct 1); step back
on L ft in place, slightly bending L knee
(ct 2). | } Trojna
Pajduška |
| 3 | Pajduska R. | |
| 4 | Facing and moving twd ctr, leap onto R ft
(ct 1); step on L ft (ct 2). | |
| 5 | Leap onto R ft, swinging L ft slightly sdwd
out (ct 1); close L ft with a sharp click
against R ft, without wt (ct 2). | } Hlobka |
| 6 | Sharply lift L knee in front, bending both arms
to "W" pos (ct 1); leap onto L ft, lifting R
knee in front and swinging arms down (ct 2). | |
| 7 | Facing ctr, moving bkwd, step on R ft (ct 1);
fall back on L ft, slightly bending L knee
(ct 2). | |
| 8 | Repeat meas 7. | |

Notes by Jaap Leegwater

Presented by Jaap Leegwater