PODRIMSKO ORO

FIFTAR

Formation: Men in a line with shoulder hold. Women in a separate line, hands joined and up with handkerchief in R hand. Women's line is outside Men's line.

Source: Shiptar courtship dance with men displaying their strength and skill as dancers. Style is very fine, soft bouncing. Title refers to the River Drim in Yugo-slavia and Albania.

Record: Ciga & Ivon Volume I, Side A, Band 2

Rhythm: 2/4

Meas	Pattern I
	Dance begins without introduction on record. Same step for M and W, but W dance in a feminine style.
1	Facing half-R and moving LOD with light bouncing, step R (ct 1), bring L around to frt (ct 2)
2	Step L in frt (ct 1), hold with R lifted in back (ct 2)
3	Touch R in frt (ct 1), lift R in frt (ct 2)
4	Step R behind (ct 1), step L behind (ct 2)
5-16	Repeat meas 1-4
	Pattern I - Variation for M
1	Same as meas 1 above
2	Step L and drop to R knee (ct 1), hold (ct 2)
3	Rise enough on L to be able to touch R knee to floor again (ct 1), stand up with wt on R (ct 2)
4	Step L behind (ct 1), hold (ct 2)
5-16	Repeat meas 1-4
	Pattern II
	Ftwk is same for M and W. M dance dynamically, W are solo using handkerchief. Holding handkerchief in both hands at waist ht, push it fwd on ct 1, twirl it as it is brought back on ct 2, repeat for cts 3, 4, 5, 6. For cts 7 and 8, twirl handkerchief overhead in R hand, L hand on own hip
	Facing slightly L, step R across in frt (ct 1), step L in place with bouncing (ct 2)
2-3	Repeat meas 1
4	In place, step R, L, R (cts 1+2) ending facing slightly R
5-8	Repeat meas 1-4, opp dir, opp ftwk



Meas	Pattern III
Free or	Ftwk same for M and W.
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2	Step L, R, L (cts 1+2)
3	Face ctr and move bwd, stepping R, L (cts 1,2)
4	In place, step R, L, R (cts 1+2)
5-8	Repeat meas 1-4, opp dir, opp ftwk
9-16	Repeat meas 1-8
	Pattern IV - Men Only
1	Moving in LOD with broad steps, step R (ct 1), lift L high and fwd with tiny kick (ct 2)
2	Step L (ct 1), lift R high and fwd (ct 2)
3	Repeat meas 1 gala 1002 galage bas galage
4 sond dii	With wt on R, circle L to back of R knee (cts 1-2)
5-8	Repeat meas 1-4, opp dir, opp ftwk
9	Face ctr and sway to R
10	Face ctr and sway to L
11-18	Repeat meas 9-10
19	Transition: Close L to R, ending wt on L
	Women's Step
1-16	Repeat Pattern II
17-18	Repeat Pattern II, meas 1
19	Transition: Step R, L (cts 1,2) and rejoin hands
	The following sequence continues to end of music:
1-16	Pattern I for M and W
1-16	Pattern III for M and W
1-16	Pattern IV for M, Pattern II for W
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