

POGONISIOS

FORMATION: Open or broken circle, or line, of couple, woman on partner's left.
STARTING POSITION: "V" position. Left foot free.



MEASURE

PART I - Slow (Music A)

- 1 CROSS AND STEP on LEFT foot in FRONT of right (counts 1-2), STEP SIDEWARD RIGHT on ball of right foot (count 3), CROSS AND STEP on LEFT foot in FRONT of right (count 4).
- 2 STEP SIDEWARD RIGHT on right foot (counts 1-2), CROSS AND STEP on LEFT foot in BACK of right (count 3), STEP SIDEWARD RIGHT on right foot (count 4).
- 3-4 REPEAT pattern of measures 1-2.
- 5 REPEAT pattern of measure 1.
- 6 STEP SIDEWARD RIGHT on right foot (counts 1-2), CLOSE AND STEP on LEFT foot beside right (counts 3-4).
- 7-12 REPEAT pattern of measures 1-6 reversing direction and footwork.

PART II - Fast (Music B)

- 13 Turning to face slightly right, a small HOP on RIGHT foot IN PLACE (count 1), STEP FORWARD on LEFT foot (count 2), STEP FORWARD on RIGHT foot turning to face center (count 3), CLOSE AND STEP on LEFT foot beside right (count 4).
- 14 REPEAT pattern of measure 13 reversing direction and footwork.
- 15-16 REPEAT pattern of measures 13-14.
- 17 A small HOP on RIGHT foot IN PLACE (count 1), STEP FORWARD on LEFT foot (count 2), LEAP FORWARD on RIGHT foot just in front of left (count 3), STEP BACKWARD on LEFT foot (count 4).
- 18 REPEAT pattern of measure 17 reversing direction and footwork.
- 19-20 REPEAT pattern of measures 17-18, Finish facing partner, both hands joined.

PART III - Fast, with partner (Music B)

- 21-24 Partners facing, both hands joined, REPEAT pattern of measures 13-16. Then man's right hand release woman's left hand.
- 25-28 Man's left hand holding woman's right, REPEAT pattern of measures 13-16, WOMAN TURNING under man's arm once around on each measure (to the right, left, right, left).