Clap & Turn POLKA

(Slovenian "pok-sotis" dance)

RECORD:

Continental 420-A CLAP & TURN

FORMATION:

Couple dance. Couples may be scattered anywhere on the floor.

Part I

- Meas. 1-2 Standing facing each other with hands held down loosely, couple turns in line of direction, man to his left, woman to her right thus: (directions for man) step on left foot (ct. 1), step on right foot (ct. 2) making one complete circle. On the "and" counts free foot may brush floor.
 - 3-4 Couple facing, hands on hips, stamp left, right, left (man)
 - 5-6 Standing in place, clap own hands in back, clap in front. (this is usually doubled, so that routine is done twice).
 - 7-8 Clap both hands against partner's hands three times.
 - 9-16 Repeat meas. 1-8 in same directions.

Part II

Meas. 17-32 Polka with partner 16 polka steps. In the Slovenian Polka there is no hop, but a slight dip-pivot on the third count.

This record is played by Frankie Yankovic, today's exponent of Slovenian style music in America and does not follow the customary A-B-A-B pattern, but plays tricks on the dancers and most of the fun is getting confused in such a simple dance.

Description by John Filcich