

# POLKA PIQUEE

(Britanny - France)

This type of dance is quite common in Upper Britanny as well as other regions of France and Western Europe. It is a form of «heel n'toe» polka and incorporates circle and cpl figures.

**Music:** CD Yves Moreau  
**Rhythm:** 2/4  
**Formation:** Couples (W on M's R joining hands (down at sides) in a large closed circle. Face L of ctr, wt on R ft.

Meter 2/4	Description
1-4	Introduction music. No action.
1-8	<p>• <b>Chorus step (done between each fig.)</b> Facing LOD (L of ctr) and travelling CW, everyone does 8 travelling «two-steps» or polka-steps beg with L ft (L-R-L, R-L-R etc.). The arms are at shldr height on the odd cts and down at sides on the even cts.</p>
1	<b>1. Polka step out and in</b> Still joining hands in a circle and facing L of ctr, touch L heel out to L (1) "flick" (retract) L ft sharply behind R calf (2)
2	Do a large "two-step" L-R-L twds outside of circle
3-4	Same pattern as in meas. 1-2, with reverse direction and ftwrk
5-8	Repeat pattern of meas 1-4
1-8	<p><b>2. Polka step out and in (individually)</b> Same ftwrk as in meas 1-8, Fig. 1, but do not join hands with neighbours in the circle. Instead, M hold own lapels of vest (or pretend) and women hold own dress or skirt (or pretend).</p>
1-8	<p><b>3. Polka step out and in, facing ptnr</b> Same ftwrk as in Fig. 2, but on meas. 8 of chorus travel step, M turn CW to face ptnr so that polka step is done sliding away from ptnr. M must get back into circle facing L of ctr on last slide step to be ready for chorus step (and joining hands with neighbours).</p>
1-8	<p><b>4. Polka step trading place with ptnr</b> Same ftwrk as in Fig. 3. M also turn CW to face ptnr on last chorus travel step, then give two hands to ptnr and slide sideways (to L) sharply to exchange place with ptnr on meas 2 and then back to place on meas. 4</p>
	Repeat dance from beginning

**Presented by Yves Moreau**