

POLKA OD PRZEWORSKA
Poland

SOURCE: This polka is from the village of Przeworsk, in the Rzeszow Region of Poland. It is also called 'Polka Wscekla' (Furious Polka). Morley Leyton learned this dance from Leokadia Magdziarz of Rzeszow, and presented it at Folk Dance Camp in 1973 in San Diego.

PRONUNCIATION: Polka Ud Pshe-vor-ska

RECORD: LTN 2 or MH 45-4002

FORMATION: Cpls face diag fwd twd ctr, face ptr but slightly open, M R arm around ptr waist, W L hand on M R shldr; free arm hangs loose.

METER: 2/4

PATTERN

Meas

FIGURE I: Floppy Walk

- 1 Floppy walk, 1,2,3, swing to ctr and diag fwd in LOD; begin with outside ft (M L, W R) shldr leads. Look over shldr at ptr; lean straight fwd; hold ct 4.
- 2 Reversing ftwk, back diag out, face ptr, look over inside shldr at ptr; lean straight bwd. Continue moving CW
- 3-6 Repeat meas 1-2 twice more
- 7 Repeat meas 1
- 8 Stamp, stamp (M, RL - W, LR). M grabs W R wrist with his L and jams his fist into his L hip, his R hand in small of ptrs back. M R ft fwd, W L ft back.

Count

FIGURE II: '5 and' (Meter, 4/4)

- Sit in plie. M holds W R wrist in L hand at his L hip. Start M face LOD, W RLOD. M R ft, W L ft.
- 1 Step in LOD, starting M R, W L.
 - 2-5 Do four 1/2 turns CW in plie, finish M LOD, W RLOD, and TRAVEL!
 - 5& Cut M's L, W's R ft under standing ft and move in LOD.
- Reach on meas 1 of each repeat.
- Finish the turning sequence by jumping on both ft.
- DO NOT RISE at any time in the turning sequence. Turning sequence is done 3 times each the first 4 times through, and 6 times on the fifth time through on LTN 2. On MH 45-4002, the turning sequence is done 6 times through every repeat.