

POLKA ZU DREIEN
Polka for Three
German

MUSIC: Record: MH 1050 Folk Dancer - Polka zu Dreien

FORMATION: Sets of 3 dancers in lines facing CCW in a large circle. The M is in the ctr of each line with a W on each side. Circumstances may dictate otherwise. Inside hands are joined.

STEPS: Polka, heel-toe polka. See polka analysis.

MUSIC: 2/4

Measures

Pattern

- | | |
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| <p>A 1-4
5-8

1-8
(repeated)</p> | <p>I. Heel-Toe Polka Forward
Beginning R, moving CCW take 2 heel and toe polka steps. Same as action meas. 1-4. At conclusion, release hands, turn singly L facing in opp. direction.
Repeat action 1-8 in CW direction.</p> |
| <p>B 9-16
9-16
(repeated)</p> | <p>II. Three Hand Mill
With R hands joined dance CW 8 plain polka steps, starting R. ft.
With L hands joined dance CCW 8 polka steps.</p> |
| <p>1-8
1-8
(repeated)</p> | <p>III. Heel-Toe Polka Forward
Repeat action of Part I.</p> |
| <p>9-16

9-16
(repeated)</p> | <p>IV. Circle
Sets of 3 join hands in a circle and dance 8 plain polka steps CW starting R ft
Reverse circle dancing 8 polka steps CCW.</p> |