

POLKA ZU DRITT

POLKA ZU DRITT (Polka for three) (also called Münchner ~~Dusch-~~
polka)

Formation: One man and two women join hands in a small circle,
he faces in LOD, W have backs to LOD, facing RLCD.

All small circles are on the line of a large circle.

- 1 Release hold, clap once own thighs, and then clap own hands,
- 2 three claps against hand of neighbors, then joins hands in a
circle of three
- 3-4 two change-steps in LOD, he begins L, the two W begin R
- 5-6 He walks four steps in LOD, as W who have released their hold
with each other turn under the M's lifted arms, L W twice CW
R W twice CCW.
- 7-10 as in meas. 3-6.