

Polomka
(Jablanica, Crnorečja-Boljevac-Serbia)

Source: Selo Jablanica, Desa Djordjević.
Pronunciation: POH-lohm-kah.
Music: Serbian Village Dances KF '02'
Meter: 2/4.
Formation: Line. Leader at R end. Belt hold.
Facing center. Wt on L ft.
Styling: Dance moves slightly to the left one step each repetition, and contracts and expands slightly. Body faces center at all times.

Meas.

- 1 Step in place on ball of R ft (ct-a); step to center on flat L ft (ct 1).
- 2-3 Repeat meas 1, two more times.
- 4 Step to center on flat R ft, left foot lifts up in back (ct 1) hold (ct 2).
- 5 Step diagonally backwards to the L onto ball of L ft (ct 1); hold (ct 2). Weight is shared on both feet, R ft remains in place.
- 6 Step straight back onto R ft (ct 1); hold (ct 2).
- 7 Step straight back onto L ft (ct 1); step straight back onto R ft (ct &).
- 8 Step straight back onto L ft (ct 1); hold (ct 2).

Presented by
Kathy Hindman