## PORUNCEASCA

## (BULGARIA)

This dance was learned by Yves Moreau from village dance group in RABROVO, VIDIN DISTRICT, NORTHWEST BULGARIA, FALL OF 1971. THIS DANCE IS POPULAR AMONG THE VLACHS LIVING IN NORTHWEST BULGARIA. THE VLACHS ORI-GINALLY CAME FROM SOUTHERN ROWANIA AND SETTLED IN PARTS OF NORTHWEST BUL-GARIA AND NORTHEAST SERBIA (ALONG THE DANUBE ALSO). THEY SPEAK A DIALECT OF ROMANIAN AND THEIR FOLKLORE COMBINES ROMANIAN AND LOCAL ELEMENTS.

PROMUNCIATION: POH-ROOHN-CHEEAHS-KAH

Music:

RPC BG 1002. SIDE B, BD. 3. METER 2/4.

FORMATION:

SHORT LINES - ABOUT 8 PEOPLE - MIXED. BELT HOLD, L OVER R.

FACE CTR. WT ON LFT.

STYLE:

KNEES BENT SLIGHTLY. STEPS ARE SMALL AND CLOSE TO GROUND

WITH CERTAIN HEAVINESS. UPPER PART OF BODY IS USUALLY PROUD

AND ERECT.

MEAS	PATTERN
	No introduction. Start with music - preferably
1	FACING CTR, WITH WT ON LFT, RAISE R LEG SLIGHTLY WITH BENT KNEE (CT &) EXTEND R LEG FND WITH PUSH-LIKE MOTION (CT 1).
2	REPEAT SAME ACTION (CTS 1&, 2). NOVING SOWYS R, STEP ONTO RFT (CT 1) STEP ON L CROSSING BEHIND R (CT &) STEP ON R TO R (CT 2).
3 - 4	REPEAT SAME AS MEASURES 1-2 REVERSING DIRECTION AND FOOTHORK,
5 - 8	REPEAT SEQUENCE OF MEASURES 1-4 EXACTLY.
9	FACING CTR, STEP ONTO R TWDS CTR (CT 1), STEP ON L CROSSING SLIGHTLY BEHIND R (CT &) STEP ONTO R SLIGHTLY FWD AGAIN (CT 2).
10	REPEAT PATTERN OF MEASURE 9 REVERSING FOOTWORK.
11 - 12	REPEAT PATTERN OF MEASURES 9-10 EXACTLY.
13	WT ON LFT, SMALL HOP ON L (CT 1), STEP ONTO RFT MOVING STRAIGHT BACK AWAY FROM CTR (CT 8), STEP STRAIGHT BACK ON L (CT 2).
14	REPEAT PATTERN OF MEASURE 13 EXACTLY.
15	HOP ON LFT (CT 1), STEP ONTO R NEXT TO L (CT 8), STEP ONTO L
	- / . /

Continued ...

## POPUNCEASCA (BULGARIA) , , , CONTINUED

	*7 1, 24 W
	NEXT TO R (CT 2) SHARP STAMP, NO WT, WITH RFT, NEXT TO L
	(cr &),
16	REPEAT PATTERN OF MEASURE 15, LEAVING OUT CT 28 (STAMP).
17	STILL FACING CTR, SMALL STEP SDMYS R ON R (CT 1), SMALL STEP
	ON L NEXT TO R (CT &), SMALL STEP ON R TO R (CT 2), SMALL SHARP
	STAMP ON L NEXT TO R, NO WT (CT 2 &).
18	REPEAT PATTERN OF MEASURE 17 REVERSING DIRECTION AND FOOTWORK.
19	FACING CTR, STEP ONTO R WITH R (CT 1) STAMP ON L NEXT TO R
	(CT 18), STEP ONTO L WITH L (CT 2), STAMP ONTO R NEXT TO L, NO WT (CT 28).
20	
	REPEAT PATTERN OF MEASURE 17, EXACTLY.
21 - 24	REPEAT PATTERN OF MEASURES 17-20 REVERSING DIRECTION AND FOOT- MORK.

NOTE: DOING MEASURE 24, LEAVE OUT THE LAST STAMP (CT 2 &).

PRESENTED BY YVES MOREAU

PORUNCEASCA