POSAVSKI DRMEŠ (Posavina)

Source: Seminar on Jugoslav Dance, Badija: Nena Sokčić

Time: 2/4

Position: Mixed circle of men and women. Back basket

hold. Circles should be fairly small

Record: LP AMAN-102

Measure: Step I - Walk

- Turning slightly Lft., but keeping shoulders on circumference of circle, step R. in RLOD (ct.1) Reaching with L. step Lft. onto ball of L. (ct.2) This should a very smooth walking movement.
- 2-16 Repeat meas. 1.

Step II - Run

- In the same position as Step I, leap out on R. in RLOD (ct.1) With a low, smooth movement, leap on L. (ct.2) This should produce an "up" then "smooth" movement.
- 2-16 Repeat meas. 1.

Step III - Drmeš

- Facing center, step in place with R. (ct.1)
 Hop on R. (ct.&) Land on R. (ct.2) Step L.
 slightly to Lft. (ct.&).
- 2-16 Repeat meas. 1.

Step IV - Fast turn

- Still facing center and bending knees into a sitting position, step R. well into the center and across L. (ct.l) Reach well out to the Lft. with the L. and step (ct.2)
- 2-16 Repeat meas. 1.

Speed is obtained by keeping pressure against the arms and reaching with the L.

Dance repeats to end of music.