

POSKAKUSA  
Dance from Bosnia, Yugoslavia  
Record FOLK DANCER MH 2023

# Poskakusa

POSKAKUŠA

First introduced in the United States by Dick Crum noted Balkan dance authority.

It is much more fun to do this Kolo if the words are learned. The dance is quite simple. If dancers have difficulty with the words of the verses, at least they can come in on the "ha, ha, ha"...the "heh", heh, heh" and on the "haj, haj, haj"...the last being pronounced "hi".

Translation: "Let's dance this hopping dance, etc."

THE DANCE: Dancers in a circle, hands joined low facing center. All Face to the Right.

Move to Right with 4 step-hops...Right, Left, Right, Left.

Now face center and do 4 "threes" in place like this:

Pas de basque to the Right, Left, Right, Left.  
This is done with a slight leap to the side on count 1.  
Cross the other foot in front, count 2.  
Step on the starting foot in place for count 3.

Now stamp Right foot in place three times.

It is 'during the stamps that you would say the "ha", or the "heh," or "haj".

The words follow with phonetics too.

Poigrajmo ovu igru, ha, ha, ha.  
Ovu igru, heh, heh, heh,  
Ovu igru, haj, haj, haj.

Po-ee-gry-mo o-voo-ee-groo, ha, ha, ha.  
O-voo ee-groo, heh, heh, heh.  
Ovoo-ee-gruo- Hi, hi, hi. .

Ovu igru poskakusu, ha, ha, ha.  
Poskakusu, heh, heh, heh.  
Poskakusu, Haj, haj, haj.

O-voo-ee-grew, po-ska-koo-shoo-ha, ha, ha.  
Poskakusu, heh, heh, heh.  
Po-ska-koo- shoo, hi, hi, hi.



Dance directions issued by FOLK DANCE HOUSE, 108 W 16 St. N.Y.C. 10011.  
Michael Herman, Director.

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