

Presented by Jaap Leegwater

POVLEKANA
Bulgaria

Different variations of this dance are done in the villages in the district of the town of Silistra, Dobrudža. they sometimes have different names like: "Brasnicervul" (brushing with the shoe) or "Sej sej bob."

The dance was learned by Jaap leegwater in Feb. 1983 by the local dancers of the village of Ajdemir, Silistra district, Dobrudža.

TRANSLATION: The name of the dance is derived from the verb Povličkam, povleka" (to dram, sweep). The dance got its name because of the shuffling, brushing movements of the ft. *used when imitating digging holes for planting.*

MUSIC: Cassette: Bulgarian Folk Dances, Jaap Leegwater, JL1984.02.

FORMATION: Lines joined in front basket hold (L over R).

PATTERNS: The dance has 3 patterns. "Osnovno" (basic), "Zensko" (W variation), and "Maško" (M variation). They are alternated on command of the first dancer and performed by men and women together.

STYLE: Dobrudžanski: Low and small steps. Most steps are done with the wt on the full ft. Knees are slightly bent.

RHYTHM: 7/8 meter, counted here as: $\frac{1-2}{1} \quad \frac{1-2}{2} \quad \frac{1-2-3}{3} \quad (Q,Q,S)$
calls are made one full pattern before following step pattern is done

METER: 7/8

PATTERN

Meas.

INTRODUCTION: 8 meas

PART I: OSNOVNO (basic)

- 1 Facing ctr, tap ball of L ft next to R (ct 1-2); step L fwd (ct 3).
- 2 Stamp R behind L with arch of R by L heel, bend both knees (cts 1-2); step R bkwd (ct 3).
- 3 Step L next to R (cts 1-2); step R sdwd R (ct 3).

NOTE: Repeat meas 1-3 until the command for the next variation is given. Then first add meas 1-2, one more time before doing the next part.

PART II: ŽENSKO (Women's variation)

- 1 Facing ctr, step L bkwd (ct 1); brush R fwd with accent, without wt (ct 2); step R fwd (ct 3).
- 2 Step L,R,L fwd.
- 3 Stamp R next to L without wt (cts 1-2); step R bkwd (ct 3).

NOTE: Repeat meas 1-3 until a command for the next pattern is given.

MÂSKATA

PART III: MÂSKO (Men's variation)

- 1 Facing ctr, step L bkwd (ct 1); brush R fwd with accent, without wt (ct 2); big step fwd on R, lifting and turning L heel out (ct 3).
- 2 Raise on ball of R ft, lifting L heel fwd (ct 1); brush L fwd with accent, without wt (ct 2); step L fwd (ct 3).
- 3 Stamp R next to L without wt (cts 1-2); stamp R bkwd (ct 3).

NOTE: Repeat meas 1-3 until the command for the next pattern is given.

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