

# Povrateno

(Macedonia)  
(Pohv-RAH-tay-noh)

Meaning: Forward and back  
Record: Yugoslavia Dance & Song, LP M GT 101, SD B, BD 1  
Meter: 2/4 — actually 7/16  
Formation: Mixed lines, shoulder ("T") hold. Wt. on L. Figures done any number of times at call of leader.

MEAS. FIGURE  
Start with music or at beginning of any 8-measure phrase.

- I.
- 1 Facing R, step fwd on R ft, keeping L toe on floor.
  2. Step back on L in place, bending and lifting R leg.
  - 3 Step fwd on R (ct 1). Bend and lift L leg across R (ct 2).
  - 4 Rpt Meas 3. rev ftwk.
  - 5 Rpt Meas 3, turning 1/4 CCW to face ctr.
  - 6 Bend R knee (ct 1). Straighten R knee, moving L ft in an arc, s dwl and behind R knee (ct 2).
  - 7 Dip (bend and straighten knee) twice on R (cts 1-2).
  - 8 Step back on L (ct 1). Turning 1/2 CW to face LOD, bend and lift R leg across L (ct 2).

- II.
- 1-2 Rpt Meas 1-2, FIG I.
  - 3-4 Beg R, 2 running two-steps moving LOD (cts 3-&-2, 4-&-2).
  - 5-8 Rpt Meas 5-8, FIG. I.

- III.
- 1-2 Wt on L, 2 hop-steps-steps moving LOD (cts 1-&-2, 2-&-2).
  - 3-8 Rpt Meas 3-8, FIG II.

- IV.
- 1-4 Rpt Meas 1-4, FIG III.
  - 5 Leap onto R ft facing ctr, bending and lifting L leg across R (ct 1). Hold (ct 2).
  - 6 Bounce twice on R (cts 1-2). Leap on L ft in place (ct 2-&).
  - 7 2 steps (R-L) in place (cts 1-&). Step R in place (ct 2).
  - 8 Leap on L in place, bending and lifting

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R leg across L (ct 1). Hop on L, turning to face LOD (ct 2).

V.

- 1-2 1st line Meas 1-4, FIG III.
- 5 Leap on R ft facing ctr, L leg bent and lifted across R (ct 1). Leap on L in place, R leg bent and lifted across L (ct 2).
- 6 Leap on R in place, L leg bent and lifted across R (ct 1). Hop on R (ct 2).
- 7 Hop again on R (ct 1). 2 steps L in place (ct 2-&).
- 8 2 steps (R) in place (ct 1). Leap on L in place, R leg bent and lifted across L, turning to face LOD (ct 2).

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Description by John Wagner