

POVRATENO
(Macedonia)

Pohv-RAH-tay-noh

Meaning: Forward and back.

Record: Yugoslavia Dance & Song, LP M GT 101, Sd B, Bd. 1

Meter: 2/4

Formation: Mixed lines, shoulder ("T") hold. Wt on L.
Figures done any number of times at call of leader.

MEAS

FIGURE

Start with music or at beginning of any 8-Meas phrase.

I.

- 1 Facing R, step fwd on R ft, keeping L toe on floor.
- 2 Step back on L in place, bending and lifting R leg.
- 3 Step fwd on R (ct 1). Bend and lift L leg across R (ct 2).
- 4 Rpt Meas 3. rev ftwk.
- 5 Rpt Meas 3, turning 1/4 CCW to face ctr.
- 6 Bend R knee (ct 1). Straighten R knee, moving L ft in an arc, sdwd and behind R knee (ct 2).
- 7 Dip (bend and straighten knee) twice on R (cts 1-2).
- 8 Step back on L (ct 1). Turning 1/4 CW to face LOD, bend and lift R leg across L (ct 2).

II.

- 1-2 Rpt Meas 1-2, FIG I.
- 3-4 Beg R, 2 running two-steps moving LOD (cts 3-6-2, 4-6-2).
- 5-8 Rpt Meas 5-8, FIG I.

III.

- 1-2 Wt on L, 2 hop-steps moving LOD (cts 1-6-2, 2-6-2).
- 3-8 Rpt Meas 3-8, FIG II.

IV.

- 1-4 Rpt Meas 1-4, FIG III.
- 5 Leap onto R ft facing ctr, bending and lifting L leg across R (ct 1). Hold (ct 2).
- 6 Bounce twice on R (cts 1-2). Leap on L ft in place (ct 2).
- 7 2 steps (R-L) in place (cts 1-2). Step R in place (ct 2).
- 8 Leap on L in place, bending and lifting R leg across L (ct 1). Hop on L, turning to face LOD (ct 2).

Court

- V.
Rpt Meas 1-4, FIG III.
- 1-2
5 Leap on R ft facing ctr, L leg bent and
lifted across R (ct 1). Leap on L in
place, R leg bent and lifted across
L (ct 2).
- 6 Leap on R in place, L leg bent and lifted
across R (ct 1). Hop on R (ct 2).
- 7 Hop again on R (ct 1). 2 steps (L-R)
in place (cts 1&-2).
- 8 2 steps (L-R) in place (cts 1-1&). Leap
on L in place, R leg bent and lifted across
L, turning to face LOD (ct 2).

Presented by George Tomov.
Description by John Wagner.