

POVRATENO

Pronounced: Pohv-RAH-tay-noh
Meaning: Forward and back
Record: Yugoslavia Dance and Song, LP M GT 101, Side B, Band 1
Meter: 2/4
Formation: Mixed lines, shoulder ("T") hold. Wt. on L. Figures done any number of times at call of leader.

MEAS

FIGURE

Start with music or at beginning of any 8 measure phrase.

I

- 1 Facing R, step fwd on R ft, keeping L toe on floor.
- 2 Step back on L in place, bending and lifting R leg.
- 3 Step fwd on R (ct 1). Bend and lift L leg across R (ct 2).
- 4 Repeat Meas 3, reverse footwork.
- 5 Repeat Meas 3, turning 1/4 CCW to face ctr.
- 6 Bend R knee (ct 1). Straighten R knee, moving L ft in an arc, sideward and behind R knee (ct 2).
- 7 Dip (bend and straighten knee) twice on R (cts 1-2).
- 8 Step back on L (ct 1). Turning 1/4 CW to face LOD, bend and lift R leg across L (ct 2).

II

- 1-2 Repeat Meas 1-2 FIG I.
- 3-4 Beg R, 2 running two-steps moving LOD (cts 3-&-2, 4-&-2).
- 5-8 Repeat Meas 5-8 FIG I.

III

- 1-2 Wt on L, 2 hop-step steps moving LOD (cts 1-&-2, 2-&-2).
- 3-8 Repeat Meas 3-8, FIG II.

IV

- 1-4 Repeat Meas 1-4 FIG III.
- 5 Leap onto R ft facing ctr, bending and lifting L leg across R (ct 1). Hold (ct 2).
- 6 Bounce twice on R (cts 1-2). Leap on L ft in place (ct 2&).
- 7 Two steps (R-L) in place (cts 1-2). Step R in place (ct 2&).
- 8 Leap on L in place, bending and lifting R leg across L (ct 1). Hop on L, turning to face LOD (ct 2).

(continued)

V

1-4

Repeat Meas 1-4, FIG III.

5

Leap on R ft facing ctr, L leg bent and lifted across R (ct 1). Leap on L in place, R leg bent and lifted across L (ct 2).

6

Leap on R in place, L leg bent and lifted across R (ct 1). Hop on R (ct 2).

7

Hop again on R (ct 1). 2 steps (L-R) in place (cts 1&-2).

8

Two steps (L-R) in place (cts 1-&). Leap on L in place, R leg bent and lifted across L, turning to face LOD (ct 2).

Presented by George Tomov
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