

PRAVO KAPANSKO HORO (PRAH-voh KAH-pahn-skoh ho-ROH)
(Bulgaria)

Learned by Yves Moreau, Fall 1971, from village dance group in Gecovo, Razgrad District in N.E. Bulgaria. This is a version of the well known "Pravo" Horo, popular among the "kapanci" people. The "Kapanci" are said to be direct descendants of the early Bulgarian settlers ("protobulgarians") who came from the Volga River area with their leader Asparoukh in the 5th century A.D. The term "kapanci" is derived from "na kapki" referring to the special "dotted" embroidery stitches found on their costumes. The "kapanci" live primarily in about 20 distinct villages situated around the towns of Razgrad, Sumen, and Targoviste in N.E. Bulgaria. They have many special dances, songs, and rituals. The "kapanci" wedding is especially colorful.

Record: Worldtone WT-YM-003 B, Band 1. 2/4 meter.

Formation: Mixed lines of M and W. Back basket hold, R arm under, L arm over. Face ctr, wt on L ft.

Style: Steps in North Bulgarian dances are small. Kapanci dances require a certain heavy, peasant quality. Knees are therefore slightly bent throughout the dance. THROUGHOUT THE DANCE, KNEES AND ANKLES FLEX EASILY.

Meas

Pattern

No Introduction music; dance may start at beginning of any musical phrase.

I. PRAVO

- 1 Step to R with R (ct 1). Step L across R (ct 2).
- 2 Step to R with R (ct 1). Hold (ct 2).
- 3 Step bkwd on L ft (ct 1). Hold (ct 2).

Repeat pattern of meas 1-3 as often as desired moving around floor. It is recommended not to do it too long, due to short music time.

II. GRAPEVINE

- 1 Wt on L, small step fwd on R (ct 1). Touch ball of L ft next to R (ct 2).
- 2 Repeat pattern of meas 1, Fig. II, reversing direction and ftwork to move bkwd.
- 3-4 Repeat pattern of meas 1-2, Fig. II, exactly.
- 5 Repeat pattern of meas 1, Fig. II, exactly.
- 6 Small step bkwd on L ft (ct 1). Raise R ft up slightly, knee bent (ct 2).
- 7 Small step bkwd on R ft (ct 1). Small hop on R ft (ct 2).
- 8 Step sdwd L on L (ct 1). Cross behind L on R (ct 2).
- 9 Small jump onto both ft together (ct 1). Small hop on L, simultaneously raising R ft up in front (ct 2).
- 10 Small leap to R on R (ct 1). Step on L behind R (ct 2).
- 11 Small leap onto R ft, simultaneously raising L ft up and across in front of R (ct 1). Small leap onto L to L (ct 2).
- 12 Small leap onto R crossing behind L (ct 1). Small leap onto L to L (raising R in front of L (ct 2).
- 13-15 Repeat pattern of meas 10-12, Fig. II

NOTE: There is no set number of times for each figure. However, once you start the Grapevine, continue until end of music.

Presented by Yves Moreau