## PRAVO TRAKIJSKO HORO

TRANSLATION

: Pravo Horo (straight dance) from Trakija region, Bulgaria.

ORIGIN

: The Pravo Horo is the most widespread and most popular folk dance throughout all of Bulgaria. Every region and every village has its own version reflecting the typical local style and characteristics.

A North Bulgarian Pravo (Dunavsko Horo or Svištovsko Horo) is different from the Pravo Trakijsko or the Pravo type (Opas) which is done in Dobrudža.

Still they are based on the same three measure basic pattern consisting of two small steps (quick-quick) followed by two bigger ones (slow-slow). Beyond the typical local variations one can find this typical Pravo character. Similar dances are also done in other Balkan countries, like the Hora in Roumania and the Hasapikos in Greece.

Due to migrations, travelling musicians that are hired for local festivals and weddings caused the Pravo Trakijsko Horo to gain great popularity also outside the Trakija region. It is done at weddings and festivals all over the country and seemed to be adopted as the national Pravo Horo.

The following patterns are good examples of some of the most popular variations. After starting with the slow basic step fwd and bkwd, the music becomes more lively and faster.

MUSIC

: LP "Folk Dances from Bulgaria - 3" by Jaap Leegwater JL 1985.01 Side 1 Band 4

SOURCE

: Learned by Jaap Leegwater in 1978 from Dimitar Dojčinov, choreography and dance instructor at the Choreographer School in Plovdiv, Bulgaria.

METER

: 2/4



STYLE

: Slight knee bend position, dancing on the whole ft.

FORMATION

: Open or half circle.
Hands in belthold position, L arm over.

INTRODUCTION

: 6 measures

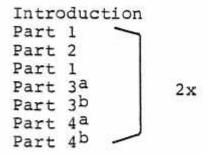
## PRAVO TRAKIJSKO HORO (continued)

MEAS	PATTERN Part 1 "Trakijka"	
1	facing & moving diag R fwd, step on R ft (ct 1), step on	
2	L ft (ct 2) step on R ft with knee bending (ct 1), bounce on R ft and lift L off the floor (ct 2) step on L ft with knee bending (ct 1), step on R ft sdwd R in the second position, bending both knees (ct 2) lift on R ft and lift L ft off the floor (ct 1), step on L ft diag R bkwd (ct 2)	
3		
4		
5-6	repeat action of meas 2-3 now turning face diag L, and moving diag R bkwd	
7-24	repeat action of meas 1-6 three more times	
Part 2 "Prisitvane"		
1 2	facing and moving diag R fwd step on R ft, step on L ft step on R ft (ct 1), step on L ft (ct 2), step on R ft (ct 2)	
3	step on L ft (ct 1), step on R ft (ct &), step on L ft (ct 2)	
4	turning face diag L, moving diag R bkwd, step on R ft (ct 1), step on L ft (ct 2)	
5	step on R ft (ct 1), step on L ft (ct &), step on R ft (ct 2)	
6	hop on R ft, immediately followed by a step on L ft (ct 1), hop on L ft, lifting R knee (ct 2)	
7-24	repeat action of meas 1-6 three more times	
	Part 3ª	
1	facing and moving diag R fwd, low leap onto R ft (ct 1), low leap onto L ft (ct 2)	
2	hop on L ft, swinging R leg straight across in front of L (ct 1), step on R ft fwd (ct 2)	
3	step on L ft fwd (ct 1), stamp R ft, without wt, next to L ft, bending both knees (ct 2)	
4-6 7-12	repeat action of meas 4-6 of Part 2 repeat action of meas 1-6	
Part 3b		
1-2 3	repeat action of meas 1-2 of Part 3 <sup>a</sup> step on L ft fwd (ct 1), strike R toes across behind L	
4-6 7-12	and look across L shoulder (ct 2) repeat action of meas 4-6 of Part 2 repeat action of meas 1-6	

## PRAVO TRAKIJSKO HORO (continued)

MEAS	PATTERN	Part 4ª
1	facing ctr, moving sdoon L ft behind R ft (	wd R, step on R ft (ct 1), step
2	small three step on the whole ft in place: step R ft (ct 1), step on L ft (ct &), step on R ft (ct 2) repeat meas 2 with opp ftwk repeat action of meas 1-3 three more times	
3		
4-12		
		Part 4 <sup>b</sup>
1-3		1-3 of Part 4 <sup>a</sup> now stressing the swinging the arms down, bkwd ition
4-12	repeat action of meas	

## Suggested Sequence:



The above sequence is based on the accompanying recording.

Description by Jaap Leegwater © 1985 Presented by Jaap Leegwater