

This dance is from Blagoevgrad, Pirin region of Bulgaria.

Rhythm: 7/8 (1 2 3)

Formation: "W" hold, mixed line

Meas.

Fig. 1

- 1 Facing & moving diag. to CCW, Large step on R fwd(ct.1); Small step on L fwd(cts.2,3)
- 2 Repeat Meas.1
- 3 Step on R fwd(ct.1); Hop on R(cts.2,3)
- 4 Repeat Meas.3 with opp. ft
- 5 Step on R fwd and face ctr.(ct.1); Step on L behind of R(cts.2,3)
- 6 Step on R to R(ct.1); Step on L in front of R, face diag. LOD(cts.2,3)
- 7 Lift on L, rise R knee up next to L(ct.1); Step on R behind of L(cts.2,3)
- 8 Step on L to L, face ctr.(ct.1); Step on R in front of L, put wait on both feet(cts.2,3)
- 9 Hop on L, bring R from front to back(ct.1); Step on R behind of L(cts.2,3)
- 9 Facing diag.to RLOD, small quick steps on L, R with heel(ct.1&); Step on L fwd(cts.2,3)
- 10 Repeat Meas.10 with opp ft
- 11 Step on L fwd(ct.1); Step back on R(cts.2,3)
- 12 Hop on R, bring L from front to back(ct.1); Step on L behind of R and face ctr.(cts.2,3)
- 13 Step on R to R and face diag. to CCW(ct.1); Step on L fwd(cts.2,3)

Fig. 2

- 1 Facing & moving to CCW, Hop on L, hook R ft slightly up in front of L(ct.1); Small Steps on R, L fwd(cts.2,3)
- 2 Repeat Meas.1
- 3-5 Repeat Fig. 1, Meas.3-5
- 6 Jump on both ft(ct.1); Step on R in place(cts.2,3)
- 7 Hop on R(ct.1); Step on L next to R(ct.&); Step on R in place(cts.2,3)
- 8 Repeat Fig.1, Meas.13

Fig. 3

- 1 Facing ctr., Hop on R, kick L ft to diag.L(ct.1); Slight lift on R(ct.2); Step on L behind of R(ct.3)
- 2 Step on R to R(ct.1); Step on L in front of R(cts.2,3)
- 3-4 Repeat Meas.1-2 with opp. ft and direction
- 5 Repeat Meas.1 but kick is reverse bicycle motion
- 5 Step on R to R(ct.1); Step on L in place(ct.2); Step on R in front of L(ct.3)
- 6 Step back on L(ct.1); Step on R bkwd(ct.2); Large Step on L fwd(ct.3)
- 7 Close R to L, body bend slightly fwd(ct.1); Hold(cts.2,3)

Sequence: 1x2, 2x4, 1x2, 2x2(2nd time do only Meas.1-7), 3x8(8th time, do Meas.1-3, Meas.4 Hop on R, bring L ft from front ot back(ct.1); Step on L behind of R(cts.2,3)), 2x3, 1x2, 2x2