

PROGRESSIVE CIRCASSIAN CIRCLE

English

Music: Circassian Circle - HMV or Columbia DX import.

Good Humor - Methodist World of Fun M109, HMV B2215, Parlophone F3090.

Formation: Sets of two couples face each other around ring. Also done in contra line formation.

Meas.

- 1-8 Four join R hands in a star, 8 steps around to L; L hand star back 8 steps.
- 9-16 Partners face - do 4 balance steps in place, then swing 8 counts.
- 1-8 Ladies chain with opposite couple, and return.
- 9-16 Fwd 4 and back 4 steps and pass R and L through opposite couple, meeting next couple with do-sa-do. Repeat dance with next couple.

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