

Prorupta

(East Serbia)

Prorupta is a Vlach dance whose name translates as "Interrupted."

Pronunciation:

Music: Kotansky Camp Tape – 1995; FEP 111, Side A

2/4 meter

Formation: Short lines alternating man, woman, man, woman, lead by a man. Belt hold, L over R.

Meas

Pattern

INTRODUCTION

- 1 Facing front, step fwd on L (ct 1); pause (ct 2).
- 2 Step back on R (ct 1); pause (ct 2).
- 3 Step on L to L (ct 1); step on R next to L (ct 2).
- 4 Step on L to L (ct 1); pause (ct 2).
- 5-6 Repeat meas 3-4 with opp ftwk and direction.

DANCE

- 1 Step fwd on L (ct 1); step on R next to L (ct 2).
- 2 With ft slightly apart, bounce 3 times on both feet (cts 1, &, 2).
- 3 Repeat meas 2 but accent L ft slightly fwd on last bounce.
- 4 Step back on R (ct 1); step on L back next to R (ct 2).
- 5 Repeat meas 2.
- 6 Step on R to R (W twist R) (ct 1); step on L next to R (W twist L) (ct 2).
- 7 Repeat meas 2

VARIATION (meas 1)

- 1 Step fwd on L (ct 1); stamp/scuff R next to L (no wt) (ct &); stamp R next to L (with wt) (ct 2).

VARIATION (meas 6)

- 6 Step on R to R (ct 1); step on L next to R (ct &); stamp/close on L next to R (W twist L) (ct 2).

Presented by Steve Kotansky