Radomirsko Horo (Bulgaria)

introduced by Yves Moreau

Line dance, belt hold. Meter 4/4. There is no introduction.

This dance is from the Shope region of Bulgaria, near the Western border (see map).

Measure	Count	Step
Part I		
	1-4	Facing to the R, Touch R heel forward (1), transfer weight to R foot (&), step forward onto L foot (2), step forward onto R foot (3), step forward onto L foot (4)
2	1-2	Hop on L foot and touch R heel forward (1), hop again and lift right foot in front of L leg slightly above the L foot (2)
	3-4	Hop again (3) step forward onto R foot (&), step forward onto L foot and turn to face center (4)
3	1-2	Step on R foot to R (1), hop on R foot, bringing L lower leg in front of R calf (2)
	3-4	Hop again, touching L toe to L (3), step on L foot to L (&), step on R foot across L foot (4)
1	1-2	Hop on R foot, touching L toe to L (1), step on L foot to L (&), step on R foot behind L foot
	3-4	Bring L foot to R foot and bounce three times (3&4)
5-8		Repeat measures 1-4
Part II		
1	1-2	Facing center, leap forward onto R foot (1), start bringing L leg forward (&), step on L foot next to R foot and bounce twice (2&)
	3-4	Repeat counts 1-2 with opposite footwork and direction
2	1-2	Repeat measure 1 counts 1-2
	3-4	Repeat measure 1 counts 3-4, but on the second bounce, bring R knee up in front of L knee $$
3	1-2	Leap onto R foot bringing L knee up in front of R knee (1) leap onto L foot bringing R knee up in front of L knee (2)
	3-4	Leap onto R foot in place, bringing L leg up in back, knee bent (3), leap forward onto L foot bringing R leg forward straight so that it is parallel to the floor (4)
	Part I	1-4 1-2 3-4 1-2 3-4 1-2 3-4 1-2 3-4 2 1-2 3-4 1-2 3-4 1-2

- 4 1-2 Hop onto L foot and start-bringing R leg down (1), step on R foot next to L foot (2)
 - 3-4 Bounce 3 times (3&4)
- 5-8 Repeat measures 1-4

A video of Yves Moreau demonstrating this dance and a cassette of the music are available from <u>Bourque-Moreau Productions</u> (Bulgarian Folk Dances - Volume 1)

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