DULUTH MINNESOTA AUGUST 1977

Presented by Bora Ozkok

RENCBER

Skopje, Jugoslavia

SOURCE: Material of Sumoter Ensemble in Izmir, Turkey. Learned in Izmir, April 1977 from Mr Yusuf Dener. When peoples' livelihood depend on farming, they make it a strong theme in their fun and dance activities. In this dance various farming chores are represented. In the introductive slow part, M are looking for good earth to farm on. Then the seeding of the land followed by upkeeping of the seedlings. Then comes the harvest, breaking off stems from the grain. Finally, lifting off the harvest and being ready for a long winter. The steps coming to a halt... represents the lapse from seeding to harvest. This is a mens dance however, it would be fair to mention here that Turkish women work at least as hard as men, in farming activities.

RECORD: Horon- 101 Side 1 Band 1

FORMATION: Hands are on shldrs in the slow, introductory figure. NO pressure should be exerted on ptrs shldrs. Elbows should be straight. In the fast part, belts are held. People close in height and size should try to dance next to each other. Lines (straight, not curving) of up to 6 people should perform the dance.

RHYTHM: Very slow 4/4 in slow part. Very fast 4/4 in the fast part

METER: 4/4 PATTERN

Hands on shidrs, wait 8 cts to start the dance. With a command of "Hoppa" in the music, start ct 1
SLOW PART: CHUG TWISTS

- 1-2 With wt on L, line facing ctr, step onto R, chug-twisting the body CCW to L (ct 1) cross L in LOD, turning body to R (ct 2)
- 3-4 Stamp-step onto R, lift L in front, turn body slightly CCW to ctr (ct 3) bring L around and behind R (ct 4)
- 5-6 Stamp-step onto L (ct 5) bring R around and behind L (ct 6)
 Body faces ctr cts 3-6
 SLOW PART, KNEE TOUCHES

1-2 Repeat cts 1-2, Chug-twists

- 3-4 Lowering body, touch L knee in LOD, step on R (ct 3) raise body up on both legs, turning body in RLOD, twisting toes in RLOD (ct 4)
- 5-6 Lower body, touch R knee in RLOD, step on L (ct 5) raise body up on both legs, turning body to face ctr, twist toes to ctr as the body rises (ct 6)
 Starting dance with slow "chug-twists" and alternate with slow "knee touches", do each step cts 1-6

4 chug twists and 3 knee touches until the music gets fast.

continual ...

With a command "haydaaa", belts are held.

FAST PART(Tiny fwd moves)

1-4 Move fwd with barely visible steps, diag step R to R (ct 1) slight bounce on R (ct 2)move fwd with barely visible steps, diag L to L (ct 3) slight bounce on L (ct 4)

1-16 Repeat cts 1-4 four times for 16 cts

17-18 Stamp-step onto R, yell "Hop" (ct 17) pause (ct 18)

19-20 " " L, yell "Hey" (ct 19) pause (ct 20)

- 21-22 Hit R heel to the L heel in place with a soldier-like ftwk, yell "Ha!" (ct 21) pause (ct 22)
- 23-24 Hop on L twice quickly, lifting R in front (R knee 90°), toe pointing down, yell "Hey, Hey" (cts 23-24)

BASIC STEP: RUN IN PLACE & KICK

- 1-4 In place, run-step on R (ct 1) run-step on L (ct 2) run-step on R (ct 3) kick L high fwd (ct 4)
- 5-6 Step on L, lifting R 90° in front (ct 5) wt on L, bounce in place on L (ct 6)
 Repeat cts 1-6, 3 times for 18 cts, until the command "HA ŞIMDÎ!"
 HA ŞÎMDÎ! (High kicks to R & L of ctr)

1-4 Repeat cts 1-4 of Basic Step above (run in place & kick)

5-8 Step in place on L (ct 5) kick R to LOD (ct 6) step in place on R (ct 7) kick L in RLOD (ct 8)

9-12 Repeat cts 5-8-Ha Şimdi-above Slow 1-2-3 Stamps in RLOD and in LOD

- 1-4 Moving in RLOD, with a tiny step, step L (ct 1) step R in place (ct 2) step L in place (ct 3) stamp R in place (ct 4)
- 5-8 Turn in LOD, take a tiny step on R to LOD (ct 5) step L in place (ct 6) step R in place (ct 7) stamp L in place (ct 8)

9-12 Repeat cts 1-4 of"1-2-3"stamps above

- 13-16 Repeat cts 5-8 of "1-2-3-" stamps above 3 Quick 1-2-3's in Front
- 1-2 Step in place on L, quick touch R toe in front across the L, step in place on L (cts 1-2)
- 3-4 Step in place on R, quick touch L toe in front across the R, step in place on R (cts 3-4)

5-6 Repeat cts 1-2, "quick 1-2-3-'s in front."
4 Quick inside leg lifts in front

- Step sharply on to R in place, lifting L sharply in front, twist L knee CCW, L toe pointed down and R, yell "Hey"
- Step sharply onto L in place, lift R sharply in front, twist R knee CW, R toe pointed down and L, yell "Hey!"
- 3 Repeat ct 1

4 Repeat ct 2

2 quick 1-2-3's in front

1-2 Repeat "3 quick 1,2,3's in front, cts 3-4 above 3-4 " " " , cts 1-2 above

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4 quick inside leg lifts in front
Repeat "4 quick inside leg lifts in front above, cts 1-4

Transition: Turn to the L: Step on R, turning body in RLOD (ct 1) step in place on L, body facing RLOD (ct 2)

STAMP-1-2-3's

- 1-4 Facing RLOD, stamp in place on R (ct 1) step R to R, turning body to face LOD (ct 2) step in place on L (ct 3) step in place on R (ct 4)
- 5-8 Facing LOD, stamp L in place (ct 5) step L to L, turning body to face RLOD (ct 6) step in place on R (ct 7) step in place on L(Ct 8)

9-12 Repeat cts 1-4

Transition: Face ctr:Stemp L in place (ct 1) pause (ct 2) step bkwd on L (ct 3) pause (ct 4) step on R (ct 5) kick L high fwd (ct 6) step on L, lift R (knee 90 angle) yell "Hey"(ct 7) bounce in place on L, (R knee 90 angle), R toe pointed down(ct8)

BASIC STEP: RUN IN PLACE & KICK
1-18 Repeat cts 1-6 "Basic Step, run in place 3 times for 18 cts

STEP #1"KES"

"Kes" command comes on the 18th ct of the Basic Step.

- 1-6 Step bkwd on R (ct 1) step bkwd on L (ct 2) step fwd on R (ct 3) chug-hop fwd on R, kicking L to ctr (L knee straight) (ct 4) slapstep L fwd (ct 5) kick R fwd, step on L (R knee straight)(Ct 6)
- 7-8 Wt on L, slap-brush R across L diag, both knees flexed (ct 7) kick R back towards the R (ct 8)
- 9-10 Repeat cts 7-8

11-12 Repeat cts 7-8

Step sharply onto R in place, lifting L in front, yell "Hey" (hold still at this point for 3-4 seconds, as the music stops)

Transition: With command "Hooop, Hey" body fall fwd onto L with "hooop" and land fwd on L with "Hey" command, lift R under body, yell "Hey"

BASIC STEP:

1-24 Repeat Basic Step 4 times for 24 cts. Also yell: "Hey, hey, hey" in the 1st 3 cts of the Basic Step Cts 1-3.

Repeat Step #1-KES Cts 1-3

Repeat Transition after Step #1-KES

BASIC STEP

Repeat Basic Step cts 1-6 for 5 times and 30 cts. Yell "hey, hey, hey" in cts 1,2,3.

The command for the new step "KAZ" comes on ct 30

continued -

STEP #2-KAZ (Slaps & Squats)

- 1-6 Repeat Step #1 KES cts 1-6
- 7-10 " " " cts 7-10 with only difference being that the R slaps in front to the ctr, not diag to L as in "Kes"
- 11-12 Brushing the floor, swing R from under the body bkwd (cts 11-12)
- 13-14 " " " " " " fwd (cts 13-14)
- 15-16 Squat down and come up very quickly (cts 15-16)
- 17-18 Quick R, L, R fwd (cts 17-18)
- 19-20 Quick L, R, L fwd (cts 19-20)
- 21-22 Repeat cts 17-18
- 23-24 Cuick L, R, L, bkwd
- 25-26 Quick R, L, R, bkwd
- 27-28 Repeat cts 23-24
- 29-30 Step in place on R (ct 29) kick L fwd (ct 30)
- 31-32 Step in place on L, lift R in front, yell "Hey" (ct 31) bounce on L, R 90° angle in front and yell "Hey" (ct 32)

BASIC STEP

1-18 Repeat Basic step cts 1-6 3 times for 18 cts

Repeat cts 1-32 Step #2-KAZ

BASIC STEP

Repeat Basic Step Cts 1-6 3 times for 18 cts Command for the new step "KIR" comes on ct 18

-STEP #3-KIR (Twists in place)

- 1-2 Small step bkwd on R (ct 1) small step bkwd on L (ct 2)
- 3-4 Step on R toe, body facing ctr (ct 3) hop on R toe, twist body in LOD, lift-swing L to LOD, L toe pointed down (ct 4)
- 5-6 Facing LOD, step on L toe (ct 5) hop on L toe, twist body in RLOD, lift, swing R in RLOD, R toe pointed down (ct 6)
- 7-8 Step on R toe, body facing RLOD (ct 7) hop on R toe, twist body in LOD, lift swing L in LOD, L toe pointed down (ct 8)
- 9-10 Repeat cts 5-6
- 11-12 Repeat cts 7-8
- 13-14 Repeat cts 5-6
- 15-16 Repeat cts /-8
- 17 Step on L, face ctr, yell "hey", lift R in front, toe pointing down.
- Bounce to place on L, yell "Hey" R toe pointing down and R in front (A total of 7 twists and 2 "Hey" for 18 cts)
 BASIC STEP
- 1-18 Repeat Basic Step Cts 1-6 3 times for 18 cts
 Repeat Step # 3-KIR cts 1-18

Repeat Basic Step cts 1-6 3 times for 18 cts

Command "TOPLA" comes on the 18th ct

STEP #4 TOPLA" (Travel in RLOD & IN LOD)

1-6 Step bkwd on R (ct 1) step bkwd on L (ct 2) step fwd on R (ct 3) small hop fwd on R, with L in front (ct 4) step fwd on L (ct 5) hop on L in place, with R in front (ct 6)

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- 7-8 Moving in RLOD, knees bent, step R (R toe pointed ctr, L toe pointed L) (ct 7) small step L to L (R toe pointed ctr, L toe pointed L) (ct 8)
- 9-10 Repeat cts 7-8
- 11-12 Step on R (ct 11) lift L in front, turn body in LOD with a hop on R (ct 12) Through cts 7-12, head faces (look to) left.
- 13-14 Moving in LOD with bent knees, step L (L toe pointed ctr, R toe pointed LOD) (Ct 13) small step R to R (R toe pointed LOD, L toe pointed ctr) (ct 14)
- 15-16 Repeat cts 13-14
- 17-18 Step on L (ct 17) lift R in front, turn body to RLOD with a hop on L (ct 18)
- 19-24 Repeat cts 7-12
- 25-26 Face ctr, step in place on L, lift R in front, yell "Hey (ct 25) bounce in place on L, yell "Hey" (ct 26) (with R lifted in front)
- 1-24 Repeat Basic Step cts 1-6 4 times for 24 cts
- 1-26 Repeat Step #4 TOPLA
- 1-24 Repeat Basic Step cts 1-6 4 times for 24 cts
- Command "BIÇ" comes on 24th ct

STEP # 5 BIC-(Sweeping ft fwd)

- 1-4 Step bkwd on R (ct 1) step bkwd on L (ct 2) step fwd on R (ct 3) lift L in front (ct 4)
- 5-6 Step fwd on R (ct 5) swing R 180 fwd, CCW sweeping the floor(6)
- 7-8 Step R fwd (ct 7) swing L 180 fwd, Cwm sweeping the floor (ct 8)
- 9-10 Repeat cts 5-6
- 11-12 Repeat cts 7-8
- 13-14 In place, step on L, lift R, yell "Hey: (ct 13) bounce in place on L, R in front, yell "Hey" (ct 14)
- 1-24 Repeat Basic Step cts 1-6 4 times for 24 cts
- 1-14 Repeat Step #5-BIG
- 1-24 Repeat Basic Step cts 1-6 4 times for 24 cts FINALE DUR(Hold)
- 1-4 Step bkwd on R (ct 1) step bkwd on L (ct 2) step fwd on R (ct3) chug-hop fwd on R, kick L fwd (L knee straight) (Ct 4)
- 5-6 Slap-step L toe fwd (ct 5) kick R fwd, step on L (R knee straight)(Ct 6)
- 7 Slap R in front. Freeze leaning body fwd END......

ORDER OF STEPS IN RENGBER

- 1 Slow part-chug twists
- 2 " " knee touches
- 3 Tiny fwd moves
- 4 Basic Step
- 5 Ha Şimdi-High kicks to R & L of ctr
- 6 Slow 1-2-3 stamps
- 7 3 quick 1-2-3's in front
- 8 4 quick inside leg lifts in front

continued ...

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Order of steps, cont

- 2 quick 1-2-3's in front 4 quick inside leg lifts in front Transition- turn to the L 10
- 11
- Stamp 1-2-3's 12
- Transition, face ctr 13 Basic Step Step #1 KES
- 14
- 15
- Transition 16
- 17
- Basic Step Repeat KES Step #1 18
- 19
- Basic Step Step #2 KAZ Basic Step 20
- 21
- Repeat Step #2-KAZ 22
- 23 Basic Step
- Step #3 KIR 24
- 25
- Basic Step Repeat Step #3 KIR 26
- Basic Step 27
- Step #4 TOPLA 28
- 29 Basic Step
- Repeat Step # 4-TOPLA 30
- 31 Basic Step
- Step #5-BIC 32
- 33 Basic Step
- Repeat Step #5-BIC 34
- 35 Basic Step
- 36 FINALE-DUR.