

FORGATÓS
(Marosszéki)

side:A
band :6

Step 1. KÉT LÉPÉSES (Two step) ♩ ♩

- a.) w/ R ft step to R, bend knees and w/ L ft step next to R, straighten knees ♩+ repeat step-close ♩
- b.) w/L ft step to L, bend knees and w/R ft step next to L, straighten knees ♩+ repeat step-close ♩

Step 2. BEUGRÓ (Jump-in) ♩ ♩

- a.) jump to R w/R ft, bend knee, while swing L lower leg to R, crossing R ft in back ♩+ hold in this pos. ♩+ step to L w/L ft and close R ft next to it ♩
- b.) jump to L w/L ft, bend knee, while swing R lower leg to L, crossing L ft in back ♩+ hold in this pos. ♩+ step to R w/R ft and close L next to it ♩

Step 3. FORGATÓS (Turning step) ♩ ♩ ♩

- a.) w/L ft step to L in front of man, turning to L ♩+ step w/R ft to complete turn, arriving on man's L side ♩+ step on L ft to L, bend knee ♩+ straighten knee ♩
- b.) w/R ft step to R in front of man, turning to R ♩+ w/L ft step to complete turn, arriving on man's R side ♩+ step to R w/R ft, bend knee ♩+ straighten knee ♩

Step 4. FORDULÓS (Turning around) ♩ or ♩

- a.) Woman - starting w/R ft, turn in place (R- L, etc) to L ♩
- b.) Man - walk around woman starting w/R ft, step to R ♩

Step 5. KERESZTEZŐ (Crossing) - Man ♩ ♩ ♩

w/R ft step to R, facing front ♩+ w/L ft step to L, turn back ♩+ step w/R ft and face front again ♩+ step w/L ft next to R ♩

MOTIFS

I. KÉT LÉPÉSES

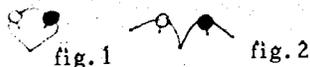
pos: in couples, woman on man's R side, her L hand on his back (above waist), his R hand on her back, from above, other hands holding, palms down and extended fwd (see fig.1.)
Man: S1a+b Woman: S1b+a

II. BEUGRÓ

pos: same as in Motif I.
Man: S2a+(S1a+b)+ S2a Woman: S2b+(S1b+a)+ S2b

III. FORGATÓS III/A. Man:S1a+b Woman:S3a+b

pos: same as before, symmetrical when woman in on man's L side
Man: 2x(S1a+b) Woman: 2x(S3a+b) at end let hand holding go, face slightly away from ea. other see fig.2.



IV. FORDULÓS IV/A. Man:3xS4b Woman:6xS4a
pos: man:free arms woman:lower arms upwds
see fig.3.
Man: 8x(S4b) Woman: 8x(S4a)

V. KERESZTEZŐ

starting pos. same as before
Man:(S1a+b) + S5 Woman: 2x (S3a+b) second time alone, arms free



SEQUENCE OF DANCE

A1. (meas.2 /4)	C1	
1-8 4x MOTIF I.(Két lépéses)	1-12	3xMOTIF I.
9-16 MOTIF II (Beugró)		(Két lépéses)
B1	13-24	MOTIF V.
1-8 MOTIF III (Forgatós)		(Keresztező)
9-16 MOTIF IV (Fordulós)	refr.	
B2	B-24	MOTIF V.
1-8 MOTIF III.	C2	
9-16 MOTIF IV.	1-24	Repeat Motifs
A2	refr.	I, V & V
1-8 4x MOTIF I.	B-24	
9-16 MOTIF II.	C3	
B3	1-24	Repeat Motifs
1-8 MOTIF III.	refr	I, V & V.
9-16 MOTIF IV	13-24	
B4	D1.	
1-8 MOTIF III.	1-12	3x MOTIF I.
9-16 MOTIF IV.	13-18	MOTIF III/A
	19-24	MOTIF IV/A
	D2	
	1-12	3x MOTIF I.
	13-18	MOTIF III/A
	19-24	MOTIF IV/A

*KALMAN JUDITH
MAGYAR
LP-41*

RITKA LEGÉNYES
(Slow Lad's Dance)

side:B
band:1

Formation: solo or in circle, arms free

Step 1. CSAVARÓ HALADÓ (Moving step) ♩ ♩ ♩ ♩ ♩ ♩

Start from a straddle pos., wt on both ft, upper body leaning slightly fwd

Raising on R toe, turning to R, lift L ft to R ankle+ w/L toe touch ground, knee turned in ♩+ turning L knee out, touch ground w/L heel ♩+ jump into straddle pos.(body still facing R) ♩+ turning to L w/body, raise onto L toe and lift R ft to L ankle ♩+ w/R toe turned in, touch ground ♩+ turning R knee out, touch ground w/R heel ♩+ jump into straddle pos., body face L ♩

Step 2. LEZÁRÓ CSAPO (Slap w/closing) ♩ ♩ ♩ ♩ ♩ ♩

Jump on L ft, raise and slap R inner boot w/ R hand ♩+ jump on R ft and raise L leg in front, slap inner L boot w/L hand ♩+ stamp on L ft ♩ raise R leg in front and slap R inner boot w/R hand ♩+ step on R ft, raise L leg in front and slap inner L boot w/L hand ♩+ step on L ft ♩+ clap hands in front of body ♩+ slap R inner boot w/R hand and immediately swing R leg to R ♩+ close R ft to L ft ♩

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Step 3. ELŐL CSAPÓ (Slap in front) JJJJ

Start w/ft parallel, body leaning slightly fwd.

Clap hands in front of body, w/slight jump on both ft JJ+ small jump in place on L ft, raise R leg and slap inner R boot w/R hand JJ+ jump on both ft again, clap JJ+ jump on R ft, raise L leg and slap L inner boot w/L hand J

Step 4. "FALVAY" VARIATION

a. JJJJJ | JJJJJ + b. JJJJJ
c. JJJJJ + d. JJJJJ | JJJJJ

a.) step fwd (to ctr. of circle) w/R ft JJ+ step w/ L-R ft fwd JJ+ hop on R ft in place, lifting L lower leg behind, crossing R leg JJ+ step backwds w/ R-L-R ft JJJJ+ hop on L ft in place, while swing lower R leg back J

b.) hop on L ft in place, while point R ft in front JJ+ hop on L ft again, while swing lower R leg back JJ+ w/R ft step next to L, while swing lower L leg, knee turned in, to L JJ+ w/L ft step next to R, while swing lower R leg, knee turned in, to R J

c.) hop on L ft, while turn R knee out and point R toe in front JJ+ jump on both ft, into small straddle pos, knees turned in JJ+ click heels together JJ+ hop on L ft, while swing lower L leg back J

d.) stamp w/ R ft fwd, crossing L ft JJ+ hop on R ft, while hop on Rft, bringing L ft to R ankle JJ+ stamp on L ft fwd, crossing R ft JJ+ hop on L ft, bringing R ft to L ankle JJ+ stamp on R ft fwd, JJ+ clap hands in front of body, bringing L leg further up JJ+ slap inner L boot w/R hand JJ+ step back w/ L-R ft JJ

MOTIFS

I. HALADÓ

Move to R in circle
(3xS1)+S2

II. ELŐL CSAPÓ

Move to R in circle, turning w/step
(6xS3)+S2

III. BE-KI (Moving in and out of circle)

(S4a+b+c+d)+S2

SEQUENCE OF DANCE Meas. 4/4

A1		A4	
1-8	MOTIF I. (haladó)	1-8	Same as A1
B1		B4	Volt szeretőm...
1-8	MOTIF II. (Elől csapó)	1-8	Same as B1
C1Haragszik rám...	C4	
1-8	MOTIF III. (Be-ki)	1-8	Same as C1
A2		A5	
1-8	Same as A1	1-8	Same as A1
B2	Ha haragszik...	B5	Nincs édesebb...
1-8	Same as B1	1-8	Same as B1
C2		1-8	
1-8	Same as C1		
A3			
1-8	Same as A1		
B3	Volt szeretőm...		
1-8	Same as B1		
C3			
1-8	Same as C1		

Chants (csujtogatás)

C1 B3
Volt szeretőm tizenhat is,
Haragszik rám a szeretőm. De jó volna most egy vak is!

B2 Ha haragszik, nem bánom, Volt szeretőm, volt egy pár,
Mással élelem világom! Kiért most a szívem fáj.

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B5
Nincs édesebb a lányépnél,
Nincsen csalfább a legénynél!

MEZŐSÉGI LASSÚ
(Slow couple dance)

Formation: in couples side: B
Pos: R hands on partner's L arm, band: 3
L hands on partner's waist in back

Step 1. RINGÁS (Swaying) JJJJJ

step w/L ft to L, turning body to R, bend knee JJ+ straighten knee, point R toes in place JJ+ repeat to R JJ

Step 2. LÉPŐ (walking) JJJJ or JJJJ

pos: couples move L w/step, L hands on partner's R arm, R hands on other's waist in back

a.) step w/L-R ft JJJJ hold w/wt, on R ft JJ
a.) step w/R-L-R ft fwd to L and hold JJJJ

Step 3. HÁTRALÉPŐ (Step back) JJJJ

w/L ft step back to R JJ+ point R toes in place JJ

MOTIFS

I. RINGÁS

2xS1

II. BALRA LÉPŐ (Step to L)

4xS2a

III. HÁTRALÉPŐ

(S3+S2b)x2

SEQUENCE OF DANCE Meas 5/8

A1		A3	De már látom...
1-4	MOTIF I. (Ringás)	1-12	Same as A1
5-8	MOTIF II. (Balra lépő)	A4	Mert a világ...
9-12	MOTIF III. (Hátra lépő)	1-12	Same as A1
refr.		A5	Az én szívem...
9-12	MOTIF III.	1-12	Same as A1
A2	Azt gondoltam...	A6	
1-12	Same as A1	1-12	Same as A1
A2			
	Azt gondoltam, míg a világ, Hogy mind ég a gyertyavilág.		
	:Sa la la la-la-la la la la la		
A3			
	De már látom, hogy elalszik, Az én rózsám rám haragszik.		
	:Sa la.....		
A4		A5	
	Mert a világ gyöngykoszorú, Csak az én szívem szomorú. A kedves, édesanyámé.		
	:Sa la.....		

KÁLMÁN & JUDITH MAGYAR

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