1972 SAN DIEGO STATE FOLK DANCE CONFERENCE

Presented by Yves Moreau

SADI MOMA Southwest Bulgaria

SAH-deeh-Moh -MAH

Translation

Learned by Yves Moreau, December 1969, from Donka Bakeve in Blagoevgrad, S.W. Bulgaria (Pirin-Macedonia). This dance-song originates from the villages of Bučino & Krumovo, north of Blagoevgrad. It is apparently also popular in certain villages south of Kjustendil and Stanke Dimitrov (Sop area).

RECORD:

Worldtone WT-YM 004 b

METER:

7/8: 1-2-3, 1-2, 1-2. Counted here as 1, 2, 3. Melody with

instrumental has 7 meas; with vocal has 6 meas.

FORMATION:

Mixed lines of M & W, "W" pos, hands at shoulder height. Face

slightly R of ctr. Wt on L ft.

STYLE:

Quiet, relaxed movements. Steps are rather small and close to

ground. A certain heaviness prevails throughout.

PATTERN

Measure	No introduction
1	Step R in LOD (ct 1) step on L across R (ct 2) Hold (ct 3)
2	Step R in LOD (ct 1) step on L across R (ct 2) step to R with R, turning to face ctr (ct 3)
3	Small step bwd on L, simultaneously arms start moving fwd and
	down (ct 1) small step bwd on R, arms continue down to sides (ct 2) Hold (ct 3)
4	Facing slightly L of ctr, small step with L in RLOD, simultaneously arms start moving upward (ct 1) step R across L, hands are now back in "W" pos (ct 2) hold (ct 3)
5	Small step with L in RLOD, simultaneously arms start moving fwd and down (ct 1) step on R behind L, arms are now down at sides (ct 2) Hold (ct 3)
6	Now facing slightly LOD, small step RLOD and slightly bwd with L, hands are now back in W pos (ct 1) small step to R with R to R with R small step across R with L in LOD (ct 3)
7	Repeat pattern of meas 1 NOTE: This meas is omitted during vocal.
	TEVT · Sadi moma bela loza Porasnale bela loza

TEXT: Sadi moma bela loza vinena, libe, vilena (2)
Den je sadi, dva se kae vinena, libe, vinena (2)

Porasnale bela loza vinena, libe, vinena (2) Napalnila devet bačvi, ses vino, lele, ses vino (2)