

THE SAILOR (Scotland)

This hornpipe is an old traditional Scottish Country Dance.

MUSIC: There are many recordings for the dance. Robin Hood, RH 1001-2, Band 2; Clansmen Record "Scottish Dance Time" (Stan Hamilton) SMT 70-2 side 1, band 1. "Music for Scottish Country Dancing, BBC 94, side 2, band 4; Piano: Book 24, #4 of the R.S.C.D.S. 4/4 Meter (Count like 2/4--skip change of step per meas, (1).

FORMATION: Four cpls in longways formation.

PATTERNS Cast Up, Cast Down, Double Triangle Formation, Reel of 3,

& STEPS: Rights & Lefts, Skip Change of Step, Move Up, Set. Use skip change of step throughout unless otherwise noted.

4/4

PATTERN

Meas

Chord & INTRODUCTION. M bow, W curtsy to ptr.
Upbeat

I. CROSS AND DOUBLE TRIANGLES: CAST AND SET

- 1-2 As cpl 2 move up, cpl 1, giving R hds in passing, cross over to finish in double triangle formation with M 1 facing W 2 and W 3 and W 1 facing M2 and M3, nearer hds joined throughout.
- 3-4 All set in 3's on the sides of the dance.
- 5-6 W 1 cast up around M 2 to finish between cpl 2, all facing down, while M 1 cast down around W 3 to finish between cpl 3, all facing up.
- 7-8 Join nearer hds in each line of 3 and all set.

II. REELS OF 3 ACROSS

- 9-16 Release hds. Cpl 1 dance reels of 3 across the dance. M 1 and W 1 each turn 1/4 CW to begin reels passing R shldr. (M 1 with W 3 and W 1 with M 2). Cpl 1 finish in 2nd place on wrong side of the dance.

III: DOWN THE CTR AND UP; CROSS AND CAST

- 17-24 Cpl 1 join R hds, dance down the ctr (2 meas), turn twd ptr and dance back up (2 meas), cross at the top (W in front of M) to cast into 2nd place on own sides (4 meas).

IV: RIGHTS AND LEFTS

- 25-32 Cpls 1 and 2 dance right and left across and back.

Cpl 1 repeat dance in 2nd place and finish by dancing to the bottom of the set, M 1 on the outside behind M 4 and W 1 on the inside in front of W4. Cpls 2,3, and 4 then repeat the dance twice each in turn.

On repeat of dance, as cpl 1 moves to the foot of the set, cpl 4 moves up one place.

Chord M bow, W curtsy to ptr.

Notes by Larry and Ruth Miller