SALTARELLO An Italian Folk Dance

Source - From book "Music Thru the Dance", Evelyn Porter

Music - Imperial record #1055
Printed music in "Music Thru the Dance", E. Porter

Formation - Double circle of couples facing CCW.

Steps - This dance should be done as lightly and smoothly as is possible for skipping and leaping steps letting the movements flow gracefully.

SKIPPING STEP - two skips per meas., the hop occurring on the up-beat and the step on the count.

(this skip may be done as a springing run, two steps to each meas., but use either the skip or run do not use both. The skip has been used in this description thruout.)

SALTARELLO STEP - M - RH above head, LH on hip.

W - holds her apron out in front with both hands.

ct. 1 - Spring frwd. onto R foot, L leg raised slightly in back.

ct. 2 - Spring bckwd. onto L foot, R leg raised in front.
Remain in place while doing this step.

STEP-SWING - M - RH above head, LH on hip.

W - holds her apron out in front with both hands.

ct. 1 - step frwd. R

ct. 2 - hop R swing L leg softly across in front of R, bend body to L with slight sway. (Repeat starting L)

MUSIC 2/4	PATTERN
Meas. 1-4	Introduction. Partners standing side by side arms interlaced about esth other's shoulders (W's arm underneath the M's), M's LH on hip, W' RH holds apron out in front.
st. I 1 - 16	Couples move frwd. (CCW) for 32 skips. On last 4 cts. partners separate and face each other about 6' apart. M's back to center.
St. II 1 - 4 5 - 8 9 - 16	In position as indicated for saltarello steps Execute 4 saltarello steps in place. Partners change places with 8 skips. Move CW in a small circle passing \$ shoulders but not close to partner. Turn to face partner and repeat meas. 1 - 8 returning to original place in same manner as before.
St. III 1 - 8 9 - 16	M kneels and watches W while she dances around him holding out her apron with both hands. W moves CCW around M with 8 step-swing. W kneels, still holding out apron, while M dances around her CCW with 8 step-swing, his RH above head, LH on hip.
St. IV 1 - 4 5 - 8 9 - 16	Partners side by side, facing CCW in circle, inside hands joined, outside hands held outward at shoulder height. 8 skipping steps moving frwd. 8 skipping steps moving bckwd. Join RH in a close arch and turn CW with partner 16 skips.

The entire dance is repeated three times. On final 16 counts partners skip only 14 steps than: M kneels with RH raised LH on hip.

W stands on L, R toe behind L heel LH on hip, R arm raised with elbow turned toward partner.