

SĂLTATA DE MÎNĂ  
(Dobroegea, Romania)

SOURCE: Based on material learned from Jora Roman, and field research study tour done in the area of Daeni, Romania in 1989 by Nicolaas Hilferink

TRANSLATION: Jumping with hands

PRONUNCIATION:

MUSIC:

FORMATION: Line dance, hands held down, arms swing fwd & back during dance

METER: 7/8

PATTERN

Meas

Introduction: No introduction

VARIATION A

- 1 Facing ctr & travelling slightly CCW, hop on L (ct 1) step R (ct 2); step L (ct 3), arms swing fwd & back
- 2 Hop on L (ct 1); stemp R, no body wt (ct 2); step R (ct 3), arms swing fwd & back
- 3 Travelling slightly CW, hop on R (ct 1); stemp L, no body wt (ct 2); step L (ct 3), arms swing fwd & back
- 4-15 Rpt meas 1-3 four times
- 16 Rpt meas 1

VARIATION B

- 1 Facing ctr & travelling fwd, run R,L,R (cts 1,2,3), arms swing fwd & back
- 2 Rpt meas 1 with opp fwk
- 3 On the spot, hop on L (ct 1); stamp R, no body wt (ct 2); step R (ct 3)
- 4 Rpt meas 3 with opp ftk
- 5-8 Rpt meas 1-4 travelling bkwd
- 9-16 Rpt meas 1-8

VARIATION C

- 1 Facing ctr & travelling slightly CCW, hop on L (ct 1); step R (ct 2); step L (ct 3)
- 2 Hop on L (ct 1); turning to face LOD, stamp R, no body wt (ct 2); step R (ct 3)
- 3 Facing LOD, hop on R (ct 1); scuff L heel (ct 2); step L (ct 3)
- 4-15 Rpt meas 1-3 four times
- 16 Rpt meas 1