

LAY-SAH SALUTS

Lay-Sah-lø

(French - Canadian)

This dance is one part of a long quadrille known as "Le Saratoga" done (still today) on Orléans Island in the St-Lawrence River near Quebec City.

Music: LARIDAINÉ LP-7902 side A, band 5 4/4

Starting formation: Inner circle of W holding hands and outer circle of M holding hands (down at sides). Each person has partner, i.e: equal number of M & W. 4-8 couples is comfortable number. Partners are close to each other, W on M's R.

| MEASURE | DESCRIPTION   |
|---------|---|
|         | No intro  |
| 1-4     | W do 8 walking steps to R, while M do 8 walking steps to L (by the 8th step, couples are pretty much back to starting place.                    |
| 4-8     | Repeat pattern of meas 1-4 in reverse direction and ftwork. (by 8th step, M have come back to starting place on W's L                           |
| 9-12    | When M get to W's L they bring joined arms over W's heads to form "front basket figure". With this new position, everybody circle to L, 8 steps |
| 13-16   | Still in "basket pos." everybody circle to R, 8 steps   |
| 17-18   | All face ctr (still with basket) walk fwd with 4 steps (new tune)   |
| 19-20   | Take regular hand hold down at sides and walk back 4 steps  |
| 21-22   | All walk fwd slowly and take a low bow (wait for music !, length may vary)  |
| 23-24   | M take 4 steps bkwd when music starts again (faster tempo) then join hands while W also join hands in middle circle (staring position)          |
|         | Dance repeats from beg. with above sequence   |

Description by Yves Moreau