

BALLROOM DANCING SAMBA

SAMBA

The Samba is the most active of the South American dances and comes from Brazil. The rhythm is 2/4 time, fast or slow, similar in rhythm to foxtrot but the double bounce and loose knee action gives it a rocking quality and style all its own.

2/4	quick	quick	slow
	1	and	2
	(bounce)		(bounce)

STYLE: In contrast to the rumba, which is a lower body movement, the samba has a total body action. The easy springing bounce on the two accented beats of the samba and the rock of the body create a pendular angle.

Basic Step: Forward and back

Step L forward	quick	1
Step R forward up to L	quick	and
Step L in place	slow	2
Step R backward	quick	1
Step L backward beside R	quick	and
Step R in place	slow	2

Some Variations of Position:

1. **Closed Position:** M's L and W's R joined hands are held high; as the step is done in a left or right turn, the arms circle over head and the body movement circumscribes a circle in the completion of two basic steps.
2. **Open Step:** From open position, M's R and W's L hands joined: progress forward, turning diagonally away from and toward partner doing the basic step.

3. **Copa Step:** (open position)

Step forward L	quick	1
Step back in place on R	quick	and
Drag L foot back, take wt on L	slow	2
Step forward R	quick	1
Step back in place on L	quick	and
Drag right foot back, take wt on R	slow	2

4. **Cross over - side balance - "Buzz" turn.**