

SANTA RITA

COUPLE DANCE FROM NORTHERN MEXICO

Record: C.B.S. -- E.P.C. 393 (Columbia -- 45)

Starting Formation: Couples in semi-open ballroom position, Facing LOD

Directions are for Man - Woman uses opposite footwork

- Step 1. Cue words: Polka L., R., L., R., cross, cross, stamp, stamp  
slide, slide, stamp, stamp.  
Thus: Do 4 Polka steps forward (in L.O.D.); L., R., L., R., (Hop- step-  
close-step)  
Cross L over Rt., Cross Rt. over L., Stamp L 3 times  
Do two slides to right (R.L.O.D.), Stamp L, Stamp L. REPEAT ALL.
- Step 2. In closed Ballroom position: (moving sideways): Slide to L, close R.,  
Slide L; Cross right over L (broken ankle), Cross L over R.  
Repeat in opposite direction with opposite foot.  
Repeat all 3 more times.
- Step 3. Polka. Do 16 Polka steps in LOD (In ballroom pos., turning)
- Step 4. Each partner & hold hands. Balance Fwd (Polka step) (rt. shoulder to-  
right-shoulder). Balance back (away from partner) (2 polka steps).  
Do 2 polka steps into "wrap-up" position (do not drop hands. Woman turns  
to her left. Man holds his rt. hand waist high, left hand up, woman  
ends up at his right side and he drops his left hand over her.  
Cue words: Balance forward, balance back, and turn her back to place.  
Balance forward, balance back and wrap the girl around, forward,  
Back, and send her back to place.  
Repeat all to left shoulder, this time don't send her back, (Don't un-  
wrap).
- Step 5. Do 4 "Taconazo" steps in place: R, L, R, L, Do 7 "push" steps to right,  
end with bounce on both feet. Repeat to L starting with left foot.
- Interlude: Woman does 3-step-turn to her L (drop her right hand). Then both  
turn woman to her rt., man to his left--end in closed ballroom posi-  
tion, man facing L.O.D.
- Step 6. "Apache" step: Step fwd left, step in place right foot, Step back  
with left, step in place with right foot (repeat all). Man does 8  
walking steps fwd (turning heels out) (woman walks bkwd with "broken  
ankle" steps). Repeat all 3 more times. (4 times in all).
- Step 7. Hop on rt. and place heel out to L. side (in L.O.D.), Hop rt. and place  
L toe across (and in front of ft., foot). Do slide-close-slide to left.  
Cross right over left (in broken ankle).  
Cross left over right, close, bounce on both feet. Repeat to Rt.,  
starting with right foot. Repeat all.
- Step 8. Repeat Step 1. Step 9. Repeat Step 2. Step 10. Repeat Step 1.
- TACONAZO STEP: Step on right foot (bend right knee slightly). Tap or  
strike left heel on floor, but raise immediately. Raise right heel  
(but not toe) and then snap it on floor. Repeat with left to the left.  
This step is (native to) \_\_\_\_\_ the dances of the Northern  
States of Mexico.
- "Push" Step: Step or lunge to the right, close left foot up to right foot,  
step again to the right. . . keep traveling to the right. This is  
similar to "buzz" step, but done in a straight line, not spinning.