

SÎRBA DE LA BELCHEȘTI

Romanian

SOURCE: Learned by Mihai David while a member of the Romanian State Folk Ensemble, 1965-1968.

PRONUNCIATION: SIR-buh-lah bel-CHEST

MUSIC: 2/4 meter Gypsy Camp, Vol. 3

FORMATION: Shoulder Hold

MeasureDescription

Figure 1. Face Center.

- 1 Step R (ct.1), hop on R raising L in front (ct.2).
- 2 Step L (ct.1), hop on L raising R in front (ct.2).
- 3 Step R to R (ct.1), step L behind R (ct.2).
- 4 Step R to R (ct.1), step L behind R (ct.2).
- 5 Face slightly LOD, step R (ct.1), hop on R (ct.2).
- 6 Step L (ct.1), hop on L (ct.2).
- 7 Face center, cross R in front of L with plie (ct.1), step L to L (ct. 2).
- 8 Cross R in front with plie (ct.1), step L to L (ct.2).
- 9-32 Repeat meas. 1-8 three more times.

Figure 2.

- 1 Step R (ct.1), stamp L, no weight (ct.2).
- 2 Step L (ct.1), stamp R. no weight (ct.2).
- 3 Step R to R (ct.1), cross L behind (ct.2).
- 4 Step R to R (ct.1), cross L behind (ct.2).
- 5 Step R (ct.1), hop on R raising L in front (ct.2).
- 6 Step L (ct.1), hop on L raising R bringing it to back (ct.2).
- 7 Step R back (ct.1), hop on R bringing L to back (ct.2).
- 8 Step L back (ct.1), hop on L raising L in front (ct.2).
- 9-16 Repeat meas. 1-8, Fig. 2.

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Measure

Description

- 1 Figure 3. In and out of center.
Step on R heel into center (ct.1), close L behind R (ct.&), fall onto R in place (ct.2).
- 2 Step on L heel fwd. (ct.1), close R behind L (ct.&), fall onto L in place (ct.2).
- 3-4 Twist heels to R,L,R,L, feet together (cts.1-2, 1-2).
- 5-6 Back out of center with R (ct.1), L(ct.&), R(ct.2); leap onto L (ct.1), stamp R (ct.2).
- 7-8 Jump with feet astride (open) (ct.1), jump with feet together (close) (ct.2); repeat cts. 1-2, meas. 7 (cts.1-2).

Repeat dance from figure 1.

Dance notation by Sherry Cochran