

STAMPING SARBA

(Romania)

This is the basic Sarba (pronounced Sarba) with a simple variation.

RECORD: (45) WOODLANDS W-6804 - "Stamping Sirba"

FORMATION: Dancers in a closed circle with hands on neighbors' shoulders.

First presented by <u>Gordon Engler</u> at the 1968 Mendocino Folklore Camp.

PATTERN

NO INTRODUCTION

I. SARBA

Step on R, simultaneously swing L across in front, knee bent.

Step on L, simultaneously swing R across in front, knee bent.

Step swd to R on R (ct 3); step across in back on L (ct &).

Repeat 9 more times for a total of 10.

Repeat first two step-swings to R & to L.

II. STAMPING

Step swd to R on R (ct 1); step behind on L (ct &); Step swd to R on R (ct 2); Stamp L beside R, no wt (ct &).

Repeat to L using opp ftwk.

Repeat to R.

Step swd to L on L (ct 1); Stamp R heel twice lightly (cts & 2); pause (ct &).

Repeat Stamping Fig one more time.

Repeat entire dance from beginning.