

ZU LAUTERBACH (Continued)

4. Facing in clockwise direction, with WR in M L hand, repeat the action of steps 1 to 3.
5. Joining two hands M steps L (cts. 1, 2) and closes R to L (ct. 3). W same on opposite ft. M steps L (cts. 1, 2) and swings R up across in front of L (ct. 3). W step R swing L.
6. Repeat action of step 5 to opposite direction M starting R and W L.
7. Taking two waltz steps, wring the dishrag. The M turns L and the W R.
8. With both hands on hips, partners face and stamp. M stamps L, R (ct. 1 and) L (ct. 2), R (ct. 3) and L (ct. 1) hold (cts. 2, 3). W stamps R-L, R, L, R.
9. W grasps M middle finger with her R hand, L hand on hip. In this position, the W waltzs forward turning R under the M arm. The M waltzs forward without turning starting with the L ft. W starts waltz with R ft.
10. In shoulder-waist position, couple waltz around the hall.

SCANDINAVIAN WALTZ

Record: Victor V20075A

Formation: Double circle, partners facing, inside hands joined.

1. (Described for the man, woman the same with opposite foot.) Pas de basque forward to the L and back to the R. Turning away from partner turn in two waltz steps. Repeat pattern.
2. In waltz position waltz at will around the hall. Repeat dance.

SIERRA POLKA

Arranged from various versions of the heel-toe polka as performed in Northern California

Music: Clarinet polka or any polka suitably arranged for a heel-toe polka

Formation: Couples in crossed hands position, M with R on top, facing forward.

1. Heel-toe polka step forward and in reverse direction. Repeat.
B. 8 push pull polka steps moving forward around the room and revolving clockwise.
2. Heel-toe polka step forward and reverse. Repeat.
B. In cross-arm grasp, polka in place 7 polka steps and end facing forward with three steps in place.