

SCHLUPFPOLKA -- German settlers
in Kujawien (Poland)

(Progressive 2's)

Translation: Dive In (Slip) Polka.
Record: Tanz EP 58 123.
Formation: Circle (of an even number) of couples.
Starting Position: Ballroom position.
Music: 2/4

Meas. Part I (Music AA)

1-16 POLKA PROMENADE. Finish in open pos facing another cpl in progressive circle formation for 2's (groups of 2 cpls in a large circle around the dancing space) cpl facing LOD is arbitrarily designed number 1, opp cpl is then number 2.

Part II (Music BB)

17-32 DIP AND DIVE: With walking steps fwd cpl 2 arch and cpl 1 under (meas. 17-18) so each meets a new cpl, then cpl 1 arch and cpl 2 under and continue moving fwd (meas. 19-20) so each meets another new cpl, and repeat three times (4 times in all) always moving fwd.

OPEN POSITION: Ptrs side by side facing same direction, W on R.

POLKA PROMENADE: With polka steps turn CW with ptr in ballroom pos, progressing in LOD.

Note: The Kujawien region is in Poland just north of the Warta River midway between Poznan and Warsaw.

References: Horak 1962 pp. 22-23; Kögler 1965 pp. 26-27.

Dance description by Rickey Holden and Walter Kögler. Abbreviations added to fit U.O.P. syllabus format.

Presented by Walter Kögler