

Schottis från Storvik

(Sweden)

Schottis från Storvik (SHAWT-teesh frohn ST00R-veek) is a couple dance from the area of Gästrikland, Sweden. It was presented by Benno Eriksen at the 1991 Bay Area Scandia Festival. Also, it was taught by Dean Linscott at the Institute held at the 1992 Camellia Festival in Sacramento, California.

Music: Any moderate tempo schottis melody, preferably from the province of Gästrikland on the central east coast of Sweden. 4/4 meter

Formation: Couples in closed ballroom pos*, M facing in LOD (CCW) and W with back to LOD.

Steps and Styling: Step-Bounce (2 to a meas): Step on indicated ft, flexing and straightening ankle and knee (ct 1); bounce* on that ft (ct 2); repeat cts 1,2 on opp ft (cts 3-4).

Schottis Step (1 to a meas): Beg L, dance 2 steps in indicated direction, flexing and straightening ankles and knees on each step (cts 1,2); Step-Bounce on L (cts 3,4). Next Schottis Step would start with R ft.

There is a springiness in each step but never a hop. On the Step-Bounces (they replace the usual Step-Hops) don't lift the free ft up on the bounce but extend it fwd a bit so it is in pos to take the next step.

Throughout the dance M and W use opp ftwk.

* Described in *Steps & Styling* published by the Folk Dance Federation of CA. Inc.

Measures	2/4 meter	PATTERN
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INTRODUCTION No action. Existence depends on the recording.

I. ZIGZAG SCHOTTIS PATTERN

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| 1 | Moving in LOD and beg M L, W R, dance 1 Schottis Step diag fwd to M L (W dance bkwd). |
| 2 | Continuing, dance 1 Schottis Step diag fwd to M R. Beg with M R, W L and W still dance bkwd. |
| 3-4 | Beg M L, W R dance 4 Step-Bounces moving in LOD and making 2 CW turns. |
| 5-8 | Repeat meas 1-4. End M facing LOD, W facing ptr and M L, W R hands joined. Free hands are at sides. |

II. WOMAN TURN

- 1-2 Beg L ft, M dance 2 Schottis Steps fwd in LOD turning the W once CW under the joined hands. Beg R, W dance 2 Schottis Steps while turning CW. On last Step-Bounce M step on R twd W, turning back to ctr in preparation for the CW cpl turns that follow.
- 3-4 In closed ballroom pos, repeat Fig I, meas 3-4 (2 CW turns).
- 5-8 Repeat meas 1-4. End with M facing LOD, W facing ptr, both with hands on hips, fingers fwd.

III. CLAP AND COUPLE TURN

- 1-2 Repeat Fig I, meas 1-2 (Zigzag Schottis) with hands on hips (not in closed ballroom pos).
- 3 Step on M L, W R sdwd twd ctr, bending knee and clapping own hands to that side about shldr level (other ft remains in place) (ct 1); hold (ct 2); straightening up, step on M R, W L twd ptr and take closed ballroom pos (cts 3-4).
- 4 As a cpl, turn once CW with 2 Step-Bounces moving in LOD.
- 5-8 Repeat meas 1-4.

SEQUENCE: Dance pattern as written until music ends.