This is a traditional German dance of the fishermen of the island of Ruegen in the Baltic Sea. "Schueddel" means to shake and "de Buex" means the trousers. These fishermen wear white trousers which are extremely wide and billowy. The dance is widely known and there are several different versions.

Form:

4 couples in a square.

- A. Meas. 1-8
- Headcouples (partners join inner hands) walk forward and a little to the right passing each other to the opposite place; then they return walking backward and a little to the left passing each other to home place. This is like a dos-a-dos in couples. B. Meas. 9-16

Meas. 9-16 Sidecouples the same (repetition)

C. Meas.17-32 Schueddel de Buex.
17-18 partners face each other and bend slightly forward; women grasp their skirt just below the knee and shake it.

Men do the same with their "Buex" (trousers). As they do
this they balance once backward and once forward. 19-20 Same with corners.
21-24 Face partner again, clap once and join both hands forward and walk 1 1/2 times clockwise around.
With Meas. 24 the man turns away from his partner and moves over to the next woman on the right. Women remain In their own places. 25-32 Same as 17-24 with new partner. Same as 17-32.

Meas. 17-32 (repetition)

- 2nd TOUR (with repetition) Round of the Women. 16 walking steps A. Meas. 1-8 counterclockwise inside around the circle and 16 walking steps clockwise.
- Same as 1st Tour. B. & C.
- END CIRCLE
 (with repetition) <u>Circle</u> clockwise and counterclockwise, 16 walking steps each, bow to partners. Meas. 1-8
- Note: Ordinarily the 1st Tour is a circle. Native dancers would perhaps do 4 tours or even 8. In that case, the following tours would be included: Round of the Men, Mill of the Women, Mill of the Men, Circle of the Women, Circle of the Men.