SEKSMANNSRIL.

(Norway)

Record: TD 1. Norsk Gra: mofdatompeni AS, Oslo Norway.

Formation: 3 cpls. in a circle. M have W on R side.

Steps: Skip-steps. throughout the dance.

1. Circle L and R. Sequence: 1st figure:

Arms, own partner, LOD. 2a.

" , other partner, LOD. 2b.

3. Grand R & L.

1. Circle L and R. 2nd figure:

2a. Clap hands, own partner, LOD.

" , other partner, LOD. 2b.

3. Grand R&L.

1st figure:

Start on L ft., 14 steps L, stop with stamping LRL. Turn on L ft., 14 steps R, stop with stamping RLR.

2a. Release hands. W turn left toward partner, all clap their hands, and

M and W join hands. Arms spread, arms and bodies slightly leaning toward center of the circle. Start on L ft., 14 steps, W backwards, M forward,

stop with stamping LRL.

Release hands. Both turn L toward other dancer. Clap hands, join hands and 14 steps as described above (same direction), but now W go forward and M backwards. Stop with stamping RLR.

Clap hands, turn L, do Grand R & L starting 3. with your own partner and on L ft. The 2nd time you meet your partner, stop with stamping LRL.



2nd figure:

Circle L and R as in 1st figure. 2a. As 1st figure, except that instead of joining hands, they clap hands once for each step as the W go backwards and M forward. 2b. As in 1st figure, except with clapping hands instead of joining hands.

Grand R & L as in 1st figure. 3∙