

SELLENGER'S ROUND
English Circle Dance

F1174

FORMATION-

Single circle of couples facing the center, Girl on partner's right.

STARTING POSITION-

All hands joined in circle, Left foot free.

MEASURES

Music A

Part I - (Circles)

- 1 - 4 CIRCLE LEFT with eight Slides,
5 - 8 CIRCLE RIGHT with eight Slides.

Music B

Chorus

- 1 - 2 TWO BALANCE STEPS FORWARD (Right, Left) TOWARD CENTER
3 - 4 FOUR RUNNING STEPS BACKWARD, starting with Right foot. Finish facing partner.
5 - 8 PARTNERS BALANCE (Right, Left) then TURN SINGLY. Partners facing, balance to the right and to the left, then each turns once clockwise in place with four Running steps. All finish facing center.
9 - 16 REPEAT pattern of Measures 1-8.

Music A

Part II - (Forward and Back a Double)

- 1 - 4 ALL FORWARD AND BACK. All join hands in circle and dance four light Running steps forward, toward center and four light Running steps backward to places, starting with Right foot.
5 - 8 REPEAT pattern of Measures 1-4.

Music B

REPEAT CHORUS.

Music A

Part III - (Siding)

- 1 - 4 PARTNERS CHANGE PLACES with four steps, passing left shoulders, then RETURN with four steps, passing right shoulders. (Cross over on first two steps and turn on third and fourth steps).
5 - 8 REPEAT Pattern of Measures 1-4.

Music B

REPEAT CHORUS.

Music A

Part IV - (Arming)

- 1 - 4 RIGHT ELBOW SWING with partner once around and return to place with eight Running steps,
5 - 8 LEFT ELBOW SWING with Partner once around and return to place with eight Running steps.

Music B

REPEAT CHORUS.

Music A

Part V - (Circles)

- 1 - 4 CIRCLE LEFT with eight Slides,
5 - 8 CIRCLE RIGHT with eight Slides.

Music B

REPEAT CHORUS, ending with a Bow or Curtsey to partner.