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## SEPE Turkey - Eastern Anatolia

A dance from Bitlis in east Anatolia in the Halay style.

PRONUNCIATION: Sē-pē

MUSIC: Türkmen 87, TA 002, Side 2, Band 2

METER: 6/4

FORMATION: Line or semi-circle. Tight, locked fingers, bent arm hold.

## PATTERN

Hop on L in place. At the same time, lift R foot in front of L knee and kick downward in a pumping motion. Head looks to the left (ct 1); Repeat count 1 (ct 2); Jump onto both feet. Head faces forward (ct 3); Hop onto R, lifting L in sort of a bicycle fashion from the back and kicking out in front (ct 4); Hop again on R, touch L heel in front (weight remains on R) (ct 5); Hop onto L in place, lift R (ct 6).

LLRRRL

**FINISH** 

Do ct 1-4 of Figure 1 (ct 1-4); Instead of touching L heel in front, kick out in the same manner then step on it in place beside R. Say "HEY!" (ct 5).

