

SHIR
(A song)

CHOREOGRAPHER: Israel Shiker

MUSIC: A. Barzel

STRUCTURE: One stanza, 2 parts

FORMATION: Circle, CCW, hold hands

NOTES: Meter: 4/4

 Begin the dance on the second time of the music of part one.

PART ONE: (face center, hold hands)

- 1 - 4 Step R to right, hold, cross L behind, R in place
- 5 - 8 Step L to left, cross R behind, L to left
- 9 - 10 Cross R over, step L in place
- 11 - 14 Full turn to right with R.L.R and turn to right, face CCW
- 15 - 18 Step L.R.L FWD, CCW, turn to face center
- 19 - 20 Balance R.L
- 21 - 24 Slow cross, moving to center, with R over L, and L over R
- 25 - 26 Step-Bend R BWD
- 27 - 28 Step-Bend R FWD, raise and lower hands accordingly.
- 29 - 32 Full turn through right BWD to LOD L.R.L, cross L over
- 33 - 64 Repeat 1 - 32, but end with a close of L next to R.

PART TWO: (face center, free hands)

- 1 - 4 Step to center R.L.R pivot BWD through right, face out
- 5 - 6 Balance L.R
- 7 - Step L FWD and turn left to face CCW
- 8 - Brush R FWD and with round movement bring R to right, moving out
- 9 - 12 Step R to right, cross L behind, R to right, cross L over
- 13 - 14 Step R to right, L in place, turn to face center
- 15 - 16 Step R on ball to right, raise hands
- 17 - 18 Wide step with L BWD, knees bent, R in place
- 19 - 20 Step L FWD and pivot BWD through left
- 21 - 24 Repeat 17 - 20 with opposite feet and direction
- 25 - 26 Repeat 17 - 18
- 27 - 28 Slow step with L diagonally FWD and to right
- 29 - 32 Knees bent, cross R over, step L to left, R in place, cross L over
- 33 - 64 Repeat 1 - 32

Notes:David Edery

Presented by David Edery
Camp Hess Kramer Institute
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This dance has not been R&S'd