

SILVERY WINGS
(Israeli)

Open circle, no partners, low handhold.

PART I:

Count

- 1-8 Facing LOD, starting with R, take 4 running steps in LOD, turn and continue backward in LOD for four more running steps.
- 9-16 Return to start with grapevine step: starting on R in reverse LOD then L in reverse LOD, then R behind, L, R in front, L, the R behind and L.
- 17-20 Starting on R, take two step-hops into center, ending on L.
- 21-24 Facing center, yemeni R and a hop on R.
- 25-28 Facing center, yemeni L and a hop on L.
- 29-32 Facing center, four backward steps starting on R.

PART II:

- 1-32 Repeat Part I.
- 33-40 Take two sideways jump steps to the right (still facing center), two counts each, followed by an in-place lunge (right leg forward) with arms raised. Two counts for the lunge and two counts after rising (bouncing slightly for the two counts)
- 41-48 Repeat in reverse (facing center and moving to left)
- 49-56 Repeat to right
- 57-64 Repeat to Left

Then alternate Parts I and II. On the final performance of Part II, there are two sideways jump steps to the right (as in counts 33-40 above), followed by one sideways jump-step to the left and a lunge step, which is held as the music ends.

NOTE: The sideways jump-s-step to the right involves pushing off with the left foot, to cause the body to move to the right without much upward movement. The right foot moves to the right barely above the floor.