

# Siman She'atah tzair - Israel

## Choreographed by Eliyahu Gamliel - 1979

Individual dance, everyone facing the same direction, no handhold, meter 4/4  
Four measure introduction

### Measure Count Step

#### Part I

- |     |     |   |
|-----|-----|---|
| 1   | 1-4 | Step backwards on R foot (1), step backwards on L foot (2), step backwards on R foot (3), touch backwards on L foot (4).  |
| 2   |     | Repeat measure 1 with opposite footwork and moving forward instead of backwards.  |
| 3-4 |     | Repeat measures 1-2, but use a jazzy, charleston type step.   |
| 5-6 |     | Using four triplets (step-close-step), make a complete loop turning to your R. You should end up in the same place and facing the same direction as you started         |
| 7   | 1-4 | Pivot L on your L foot 1/4 turn and touch R toe to R (1), hold (2) pivot R on your L foot 1/2 turn and touch R toe to R (3), hold (4).                                  |
| 8   | 1-4 | Pivot L on your L foot 1/2 turn and take weight on R foot (1), take three steps starting with your L foot and mak a 3/4 turn to the L to face original direction (2-4). |

#### Part II

- |     |     |  |
|-----|-----|--|
| 1   | 1-4 | Leap R onto R foot (1), stamp L foot lightly in place and clap (&), step forward on L foot and clap again (2), step forward on R foot (3), step forward on L foot (4) start pivoting 1/4 turn L on L foot (&).                               |
| 2   | 1-4 | Finish the 1/4 turn pivot and leap R onto R foot (1), stamp L foot lightly in place and clap (&), step forward on L foot and clap again (2), step forward on R foot (3), step forward on L foot (4) start pivoting 1/4 turn L on L foot (&). |
| 3-4 |     | Repeat measure 2 two times. If you think of the original direction as being forward, you should end up facing to the R. You will now repeat the dance starting out facing this new direction.  |

Depending on the recording you may do part I or part II or both twice in a row at some point during the dance.

- [Main Menu](#)
- [Folk Dance Index by Country](#)
- [Folk Dance Index - S](#)

*Cont...*

---

*Bob Shapiro*

85) 286-0761

[rshapiro11@cox.net](mailto:rshapiro11@cox.net)

Copyright © 2002, Robert B. Shapiro

URL: <http://www.recfd.com/>