

MEKHOL HAMITPAKHAT (continued)

Counts

Description

Transitional Section:

1-8

Repeat Part 2, Section B, counts 9-16

9-16

Repeat counts 1-8, end up facing LOD to begin the dance

BLUE STAR CAMP 1979

SIMAN SHE'ATA TZAIR

(It's a Sign That You Are Young)

Choreographer:

Eliyahu Gamliel

Music:

Folk Tune

Group Formation:

Dancers are scattered, all facing same front

Structure of Dance:

Two parts; part 1 divided into 3 sections, part 2 divided into 4 sections; the dance is repeated each time beginning to a new front

Counts

Description

Part 1:

Section A and B: Facing first front

1-4

3 steps bwd R,L,R stamp and release L ft in place

5-8

3 steps fwd L,R,L, stamp and release R ft in place

9-12

4 "Charleston steps" moving bwd, beg with R ft crossing in back of L ft, etc.

Section C: Facing first front

1-8

With 4 wide "two-step" (R,L,R; L,R,L; R,L,R; L,R,L) each one makes a complete circle moving CW

9-10

Stamp with R ft fwd turning R shoulder fwd, stretching R arm in a sharp and short (Karate) movement fwd, hold

11-12

Same movement as in counts 9-10, moving R ft and R shoulder bwd, and hold

13

Step on R ft fwd

14

Turn on L ft 1/2 a turn CCW, ending with face in opposite direction

15-16

Repeat counts 13-14, beg facing new front, ending facing the first front

Part 2: 4 identical phrases done to 4 different fronts

Section A: Facing first front

1 and

Leap on R to R side, stamp with L beside R, both knees are bent, and clap hands

2

Open quickly with L ft to L side (accented) with a clap

3

Quick skip on R ft fwd

4

Step on L ft fwd

Section B: Facing a new front (90° CCW from first front)

5-8

Repeat counts 1-4 in Section A, beg with a 1/4 turn CCW on count 5 (leap on R ft)

(cont.)

SIMAN SHE'ATA TZAIR (continued)

Counts

Description

9-16

Sections C and D: Each begins a new front
Repeat counts 1-4 of Section A two more times, each
time beg with a 1/4 turn CCW on the leap with R ft;
after 4 times the dance begins again in a new front which
is 270' CCW from the former front

After repeating the dance 4 times, in the fifth time
Part 2 is omitted; in the sixth time part 2 is
repeated more times until the music ends

BLUE STAR CAMP 1979

LAKOTZRIM HEIDAD

(Hail to the Harvesters)

Choreographer:

Gurit Kadman

Music & Lyrics:

Imanuel Zamir

Group Formation:

Couples in a circle, partners face each other, moving
CCW; man inside, woman inside

Structure of Dance:

3 parts; in the first, partners take same steps with
reversed footwork and directions and move together
around the circle; in parts 2 and 3 partners have
different footwork; the movements of the second part
depict the movements of harvesting with a scythe

Counts

Description

1-2

3-4

5-6

7-8

9-32

Part 1: Partners face each other; while moving in LOD
(CCW) turn back to back and face to face alternately;
Woman's steps are described, man's are reversed; inside
hands are joined (woman's L hand and man's R hand)
Step on L ft in place, brush with R ft and raise knee
Stamp R ft beside L ft, hop on L ft, making 1/2 turn
CW

Partners are back to back; step on R ft in place, brush
L ft and raise knee

Stamp on L ft beside R ft, hop on R ft, making 1/2
turn CCW, partners end up facing each other

Repeat counts 1-8 three more times, 4 times in all;
after the last time partners end up side by side, man
stays on R ft

Part 2: Partners are side by side, facing LOD, man
"swings" woman around him inside and outside alter-
nately

Woman's steps:

Man's steps:

1-4

With 4 steps woman makes

Step on L ft making a L turn
a complete turn CCW, ending to accompany woman, and hold,

(cont.)