Šira
(Bulgaria)

Šira comes from Northwest Bulgaria and is popular among its Vlach population. Like most Vlach dances from this region, this one too shows a mixture of both Romanian and Serbian influences. This version of Šira was learned from Vélko Juvkov in Sofia, Bulgaria at the 4th Bulgarian Summer Dance Seminar 1986.

Pronunciation: shee-RAH

Music: LP/Cassette "Folk Dances from Bulgaria" vol 4.
JL 1988.02 Side A/5 2/4 meter

Formation: Open, or half circle. Hands held in "V" pos.

Style: Small steps, shldrs relaxed

Meas	Pattern
16 meas	INTRODUCTION. The first dancer usually indicates how many times each pattern is repeated.
	Part 1
	Facing ctr, moving sdwd R, hop on L ft, swinging arms relaxed fwd low (ct &);
1	Step on R ft sdwd R, swinging arms bkwd low (ct 1); step on L ft next to R (ct &); step on R ft sdwd R, swinging arms relaxed fwd low (ct 2); step on L ft next to R (ct &).
2	Step on R ft sdwd R, swinging arms bkwd low (ct 1); big step with emphasis on L ft twd ctr in front of R ft, swinging arms fwd low (ct 2).
3-6	Repeat meas 1-2 two more times.
7	With hands held in "V" pos, facing ctr, dancing in place, step on R ft across in front of L (ct 1); hold (ct &); hop on R ft (ct 2); step back on L ft in place (ct &).
8	Step on R ft across in front of L ft with a little dip (ct 1); step back on L ft in place (ct &); hop on L ft (ct 2); step on R ft next to L (ct &).
9	Step on L ft across in front of R (ct 1); step back on R ft in place (ct &); step on L ft next to R (ct 2); step on R ft next to L (ct &).
10	Four steps in place L,R,L (cts 1,&,2); step (fall) on R (ct &).
11-20	Repeat meas 1-10 with opp ftwk and direction.
	Part 2
1-8	Repeat meas 1-8 of Part 1.
9	Step on L ft across in front of R (ct 1); step back on R ft in place (ct &); hop on R (ct 2); step on L ft next to R (ct &).
10	Repeat meas 9 with opp ftwk and direction.
11-12	Repeat meas 9-10.
13-24	Repeat meas 1-12 with opp ftwk and direction.

Notes by Jaap Leegwater Presented by Jaap Leegwater